## THEULTIMATE

## **BREAKFAST**

Monday through Friday from 8:30 a.m. to 10 a.m. Enjoy a choice of a hot breakfast entree each day as well as a variety of other breakfast items (cereal, muffins, bagels, fruit, juice, milk).

Pricing is à la carte, plus tax.

## LUNCH

Monday – Friday from 11:15 a.m. to 1 p.m. Chef Ashley Loggins and Sous Chef Pedro Cruz are known for creating great meals at a great value. Choose from two chef-prepared hot entrees, side dishes, soup du jour, small garden-fresh salad, choice of desserts or fruit. Pricing is à la carte, plus tax. Beverages are included with any meal purchase (iced tea, coffee, and water).

Friday, September 1
Roasted Turkey Breast With Gravy
Or
Baked Ham With A Pineapple Glaze
Green Beans With Almonds
Cornbread Dressing

Monday, September 4
CLOSED
Labor Day

Tuesday, September 5
Beef Liver & Onions
Or

French's Onions Crusted Pork Chops Collard Greens Herb Rice

Wednesday, September 6
Spaghetti With Meatballs
Or
Chicken Parmesan
Creamed Spinach
Roasted Sliced Carrots

Thursday, September 7
Stuffed Cabbage Rolls
Or
Chicken Piccata
Garden Rice
Parmesan Roasted Asparagus

Friday, September 8
Chicken Breast Topped With Spinach &
Tomatoes
Or
Mojo Shredded Pork
Au Gratin Potatoes
Pinto Beans With Onions

Monday, September 11
Italian Beef Lasagna
Or
Hungarian Paprika Chicken
Roasted Brussel Sprouts
Yellow Squash With Onions

Tuesday, September 12
Beef Fried Rice
Or
Shrimp And Grits
Rutabagas
Okra And Tomatoes

Wednesday, September 13
Beef Stroganoff
Or
Pecan Crusted Tilapia

Italian Green Beans Black Eyed Peas

Thursday, September 14
Southern Fried Catfish
Or
Salisbury Steak
Baby Glazed Carrots
Roasted Zucchini

Friday, September 15
New Orleans Style Crab Cakes
Or
Chicken Pot Pie
Roasted Red Potatoes
Baby Green Peas

Monday, September 18
Shrimp Creole
Or
Caprese Chicken
White Rice
Steamed Broccoli

Tuesday, September 19
Country Fried Steak
Or
Trout Almandine
Garlic Mashed Potatoes
Maple Bacon Brussel Sprouts

Wednesday, September 20
Teriyaki Beef & Broccoli
Or
Sesame Chicken
Vegetable Fried Rice

Steamed Cauliflower

Thursday, September 21
Bourbon Glazed Salmon
Or
Beef Pot Roast
Lemon Garlic Roasted Red Potatoes
Seasoned Turnip Greens

Friday, September 22
Braised Short Ribs
Or
Lemon Herb Chicken
Wild Rice
Steamed Spinach With Tomatoes

Or Meatloaf With A Sweet Glaze Baked Sweet Potatoes With Cinnamon Sugar Fire Roasted Corn

Monday, September 25

Salmon Patties

Tuesday, September 26
St. Louis BBQ Ribs
Or
Panko Crusted Cod
Honey Glazed Carrots
Baked Macaroni and Cheese

Wednesday, September 27
Tuscan Chicken
Or
Shrimp Scampi With Angel Hair Pasta
Baby Lima Beans
Au Gratin Potatoes

Thursday, September 28
Ranch Bacon Chicken
Or
Beef Stew
Roasted Asparagus
Okra And Tomatoes

Shepherd's Pie
Or
Sweet Italian Sausage With Onions And
Peppers
Steamed Cabbage
Broccoli Florets

Friday, September 29

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