THEULTINATE

BREAKFAST

Monday through Friday from 8:30 a.m. to 10 a.m. Enjoy a choice of a hot breakfast entree each day as well as a variety of other breakfast items (cereal, muffins, bagels, fruit, juice, milk). Pricing is à la carte, plus tax.

LUNCH

Monday – Friday from 11:15 a.m. to 1 p.m. Chef Alexis Jones and Sous Chef Pedro Cruz are known for creating great meals at a great value. Choose from two chef-prepared hot entrees, side dishes, soup du jour, small garden-fresh salad, choice of desserts or fruit. Pricing is à la carte, plus tax. Beverages are included with any meal purchase (iced tea, coffee, and water).

> <u>Friday, March 1</u> Lemon Herb Grilled Shrimp Or Beef Stroganoff Egg Noodles Peas and Carrots

> > <u>Monday, March 4</u> Almond Crusted Cod Or Chicken Marsala Au Gratin Potatoes Italian Green Beans

<u>Tuesday, March 5</u> Meatloaf Or Pecan Crusted Tilapia Loaded Mashed Potatoes Honey Glazed Carrots

<u>Wednesday, March 6</u> Crab Stuffed Flounder Or Pepper Steak Steamed Rice Roasted Zucchini <u>Thursday, March 7</u> Sweet Italian Sausage with Peppers and Onions Or Chicken Breast Topped with Creamed Spinach Creamed Corn Lima Beans

> <u>Friday, March 8</u> Pesto Chicken Or Rosemary Pork Loin Scalloped Potatoes Roasted Asparagus

<u>Monday, March 11</u> Spaghetti and Meatballs Or Parmesan Crusted Chicken Yellow Squash and Onions Okra and Tomatoes Garlic Bread

<u>Tuesday, March 12</u> Skirt Steak with Gravy Or Crab Cakes Roasted Red Potatoes Steamed Carrots

Wednesday, March 13 Hawaiian Pulled Pork Or Bourbon Glazed Chicken Cilantro Lime Rice Steamed Cabbage <u>Thursday, March 14</u> Stuffed Portabella Mushrooms Or Beef Pot Roast Fire Roasted Corn Garlic Mashed Potatoes

<u>Friday, March 15</u> Pedro's Smothered Chicken Or Shrimp Fried Rice Green Beans Steamed Broccoli

<u>Monday, March 18</u> Chicken and Dumplings Or Blackened Flounder Roasted Zucchini Parmesan Cauliflower

<u>Tuesday, March 19</u> Lemon Herb Grouper Or French's Onion Pork Chops Collard Greens Black Eyed Peas in Tomato Pudding

> Wednesday, March 20 Meatloaf Or Panko Crusted Chicken Loaded Mashed Potatoes Green Peas

<u>Thursday, March 21</u> St. Louis Style Ribs Or Grilled Chicken Breast Roasted Sweet Potatoes Turnip Greens Friday, March 22 Chicken Pot Pie Or Parmesan Crusted Tilapia Green Beans Yellow Squash

<u>Monday, March 25</u> Cornflake Crusted Chicken Or Blackened Shrimp Garden Rice Pinto Beans

> <u>Tuesday, March 26</u> Sesame Chicken Or Mongolian Beef Fried Rice Steamed Broccoli Eggrolls

Wednesday, March 27 Lemon Pepper Chicken Or Panko Crusted Cod Mashed Potatoes Green Peas

<u>Thursday, March 28</u> Grilled Pork Chops Or Chicken and Sausage Jambalaya Steamed Rice Lima Beans

Friday, March 29 Chicken Piccata Or Bourbon Glazed Pork Chops Au Gratin Potatoes Roasted Zucchini

4 Center Drive | Fayetteville, GA 30214 770.461.0813 www.fayss.org