## THEULTINATE

## BREAKFAST

Monday through Friday from 8:30 a.m. to 10 a.m. Enjoy a choice of a hot breakfast entree each day as well as a variety of other breakfast items (cereal, muffins, bagels, fruit, juice, milk). Pricing is à la carte, plus tax.

## LUNCH

Monday – Friday from 11:15 a.m. to 1 p.m. Chef June Wagner and Sous Chef Pedro Cruz are known for creating great meals at a great value. Choose from two chef-prepared hot entrees, side dishes, soup du jour, small garden-fresh salad, choice of desserts or fruit. Pricing is à la carte, plus tax. Beverages are included with any meal purchase (iced tea, coffee, and water).

> Monday, September 2 CLOSED Labor Day

<u>Tuesday, September 3</u> Roasted Turkey Breast With Gravy Or Baked Ham With A Pineapple Glaze Green Beans With Almonds Cornbread Dressing

<u>Wednesday, September 4</u> Beef Liver and Onions Or French's Onions Crusted Pork Chops Collard Greens Herb Rice

> <u>Thursday, September 5</u> Spaghetti With Meatballs

Or Chicken Parmesan Creamed Spinach Roasted Sliced Carrots <u>Friday, September 6</u> Stuffed Cabbage Rolls Or Chicken Piccata Garden Rice Parmesan Roasted Asparagus

Monday, September 9 Chicken Breast Topped With Spinach & Tomatoes Or Mojo Shredded Pork Au Gratin Potatoes Pinto Beans With Onions

> <u>Tuesday, September 10</u> Italian Beef Lasagna Or Hungarian Paprika Chicken Roasted Brussel Sprouts Yellow Squash With Onions

Wednesday, September 11 Beef Fried Rice Or Shrimp And Grits Rutabagas Okra And Tomatoes

<u>Thursday, September 12</u> Beef Stroganoff Or Pecan Crusted Tilapia Italian Green Beans Black Eyed Peas <u>Friday, September 13</u> Southern Fried Catfish Or Salisbury Steak Baby Glazed Carrots Egg Noodles

<u>Monday, September 16</u> New Orleans Style Crab Cakes Or Chicken Pot Pie Roasted Red Potatoes Baby Green Peas

> <u>Tuesday, September 17</u> Shrimp Creole Or Caprese Chicken White Rice Steamed Broccoli

<u>Wednesday, September 18</u> Country Fried Steak Or Trout Almondine Garlic Mashed Potatoes Maple Bacon Brussel Sprouts

<u>Thursday, September 19</u> Teriyaki Beef & Broccoli Or Sesame Chicken Vegetable Fried Rice Steamed Cauliflower

<u>Friday, September 20</u> Bourbon Glazed Salmon Or Beef Pot Roast Lemon and Garlic Roasted Red Potatoes Seasoned Turnip Greens <u>Monday, September 23</u> Braised Short Ribs Or Lemon Herb Chicken Wild Rice Steamed Spinach With Tomatoes

<u>Tuesday, September 24</u> New England Salmon Patties Or Meatloaf With A Sweet Glaze Baked Sweet Potatoes With Cinnamon Sugar Fire Roasted Corn

<u>Wednesday, September 25</u> St. Louis Style BBQ Ribs Or Panko Crusted Cod Honey Glazed Carrots Baked Macaroni and Cheese

<u>Thursday, September 26</u> Tuscan Chicken Breast Or Shrimp Scampi With Angel Hair Pasta Baby Lima Beans Au Gratin Potatoes

> Friday, September 27 Ranch Bacon Chicken Or Beef Stew Roasted Asparagus Okra And Tomatoes

<u>Monday, September 30</u> Shepherd's Pie Or Sweet Italian Sausage With Onions And Peppers Steamed Cabbage Broccoli Florets

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