THEULTINATE

BREAKFAST

Monday through Friday from 8:30 a.m. to 10 a.m. Enjoy a choice of a hot breakfast entree each day as well as a variety of other breakfast items (cereal, muffins, bagels, fruit, juice, milk). Pricing is à la carte, plus tax.

LUNCH

Monday – Friday from 11:15 a.m. to 1 p.m. Chef Michelle Clanton and Sous Chef Pedro Cruz are known for creating great meals at a great value. Choose from two chef-prepared hot entrees, side dishes, soup du jour, small garden-fresh salad, choice of desserts or fruit. Pricing is à la carte, plus tax. Beverages are included with any meal purchase (iced tea, coffee, and water).

Friday, November 1 New Orleans Style Crab Cakes Or Glazed Meatloaf Garlic Mashed Potatoes Green Beans with Sliced Almonds

> Monday, November 4 Panko Crusted Cod Or Rosemary Pork Loin Cauliflower Baby Lima Beans

<u>Tuesday, November 5</u> Pedro's Smothered Chicken Breast Or Pepper Steak Steamed Rice Roasted Carrots

> <u>Wednesday, November 6</u> St. Louis Style BBQ Ribs Or Country Fried Steak

Mashed Potatoes Yellow Squash

<u>Thursday, November 7</u> Enchilada Pie Or Chicken and Spinach Quesadilla Spanish Rice Pinto Beans

<u>Friday, November 8</u> Sesame Chicken with Pineapple Or Shrimp Scampi Angel Hair Pasta Baby Green Peas

> Monday, November 11 Pulled Pork Or Southern Fried Catfish Baked Beans Cole Slaw

> <u>Tuesday, November 12</u> Crab Stuffed Flounder Or Chicken Pot Pie Broccoli Corn on the Cobb

Wednesday, November 13 Beef Stroganoff Or Chicken Piccata Steamed Spinach with Tomatoes Rhubarb

<u>Thursday, November 14</u> Beef Brisket with Gravy Or Chicken Topped with Spinach and Tomatoes Wild Rice Green Beans with Cranberries

Friday, November 15 Thanksgiving Celebration Ham Steak with Pineapples Or Sliced Turkey Breast with Gravy Cornbread Dressing Broccoli Casserole Pumpkin Pie

> Monday, November 18 Blackened Garlic Shrimp Or Caprese Chicken Roasted Red Potatoes Glazed Carrots

<u>Tuesday, November 19</u> Chicken and Dumplings Or Swedish Meatballs White Rice Parmesan Roasted Brussel Sprouts

> Wednesday, November 20 Cornflake Crusted Chicken Or Beef Pot Roast Macaroni and Cheese Cauliflower

<u>Thursday, November 21</u> Alaskan Salmon Patties Or Shepard's Pie Sweet Potato Tots Seasoned Collard Greens

Friday, November 22 Flounder Florentine Or Bacon Ranch Chicken Mashed Potatoes with Parsley Baby Green Peas

<u>Monday, November 25</u> Sweet Italian Sausage with Peppers and Onions Or Chicken Marsala Cinnamon Apples Fire Roasted Corn

<u>Tuesday, November 26</u> Sweet and Sour Chicken Or Meatloaf Steamed Rice Zucchini and Yellow Squash

<u>Wednesday, November 27</u> Lemon Pepper Chicken Wings Or Pulled Pork Sandwich Pasta Salad Green Beans with Onions

Thursday, November 28 CLOSED Thanksgiving

Friday, November 29 CLOSED Thanksgiving

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