

VOLUNTEER SPOTLIGHT

2025 Volunteer Sponsor

PLG

Peachtree Law Group
Est. 1984

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FSS is proud to provide Meals On Wheels (MOW) and we couldn't do it without our awesome volunteers! The MOW staff and volunteers focus on areas all over Fayette County, with 17 routes going out Monday through Friday, delivering over 6,000 meals each month. Volunteers get an early start preparing and packing meals to be delivered from Brooks to Tyrone and everywhere in between. MOW drivers take nutritious meals to homebound or semi-homebound seniors who are unable to provide themselves with regular nutritious meals due to physical or financial challenges.

As you can imagine, it takes a lot of helping hands to make an impact and a difference in our community, but that is just what our volunteers do! On Thursdays, we have a great group of individuals from First Option Services who, despite their own challenges, make time to help others with theirs. First Option Services provides person-centered support to adults with developmental disabilities in community-integrated programs. This includes participants actively volunteering for various organizations such as FSS' Meals On Wheels program.

Brooke Wright, Assistant Program Director at First Option Services, says that their "key focus is enhancing life skills and fostering independence. One notable weekly activity includes volunteering with Meals On Wheels every Thursday, where participants enjoy the opportunity to give back to the community." Natalie Hynson, MOW Coordinator, expressed her gratitude for their eagerness to give back. "We LOVE to see this group every week! They show up with smiles on their faces and ready to deliver meals to seniors." Stevie Coachman, MOW Care Manager, expressed "I love how excited this group gets about helping others. I once witnessed them counting the meals in their bags and telling each other their number and how happy they were to get to personally hand deliver them. When I asked if they liked delivering meals, they all replied in unison "We love it!", which really warms our heart!" FSS loves First Options, and we are thankful for your serving hearts!

"I love helping
people in my
community."
-Javion G.

"I like to visit with
people who cannot
leave their homes and
help deliver meals."
-Maggie M.

