## THEULTIMATE

## **BREAKFAST**

Monday through Friday from 8:30 a.m. to 10 a.m. Enjoy a choice of a hot breakfast entree each day as well as a variety of other breakfast items (cereal, muffins, bagels, fruit, juice, milk).

Pricing is à la carte, plus tax.

## LUNCH

Monday – Friday from 11:15 a.m. to 1 p.m. Chef Michelle Clanton and Sous Chef Pedro Cruz are known for creating great meals at a great value. Choose from two chef-prepared hot entrees, side dishes, soup du jour, small garden-fresh salad, choice of desserts or fruit. Pricing is à la carte, plus tax. Beverages are included with any meal purchase (iced tea, coffee, and water).

Friday, August 1
St. Louis Style Ribs
Or
BBQ Chicken
Macaroni and Cheese
Turnip Greens

Monday, August 4
Beef Stew
Or
Cornflake Crusted Chicken
White Rice
Roasted Zucchini

Tuesday, August 5
Lasagna
Or
Pedro's Smothered Chicken
Sweet Corn
Italian Green Beans

Wednesday, August 6
Shrimp Scampi
Or
Chicken Alfredo
Angel Hair Pasta
Steamed Broccoli

Thursday, August 7
Flounder Florentine
Or
Chopped Steak with Gravy
Parmesan Roasted Cauliflower
Garlic Mashed Potatoes

Friday, August 8
New Orleans Crab Cakes
Or
Sweet and Sour Meatballs
Candied Yams
Steamed Cabbage

Monday, August 11
Creole Shrimp
Or
Country Fried Steak
White Rice
Collard Greens

Tuesday, August 12
Beef Stroganoff
Or
Honey Mustard Chicken
Buttered Egg Noodles
Sweet Green Peas

Wednesday, August 13
Cilantro Lime Chicken
Or
Enchilada Casserole
Pintos with Tomatoes and Onions
Fire Roasted Corn

Thursday, August 14
Honey Garlic Pork Loin
Or
Southern Fried Catfish
Squash Casserole
Glazed Carrots

Friday, August 15
Beef Brisket
Or
Bourbon Glazed Salmon
Baked Sweet Potatoes
Green Beans

Monday, August 18
BBQ Pulled Pork
Or
Meatball Subs
Potato Wedges
Broccoli Salad

Tuesday, August 19
Pineapple Sesame Chicken
Or
Pepper Steak
Vegetable Fried Rice
Asian Stirfry Vegetables

Wednesday, August 20
Lemon Herb Tilapia
Or
Chicken Pot Pie
Corn Casserole
Asparagus

Thursday, August 21
Stuffed Peppers
Or
Bacon Ranch Chicken
Okra and Tomatoes
Scalloped Potatoes

Friday, August 22
Parmesan Crusted Cod
Or
Pot Roast
Roasted Red Potatoes
Zucchini

Monday, August 25
Meatloaf with Sweet Glaze
Or
Sweet and Sour Chicken
Green Beans
Baked Potatoes with
Butter and Sour Cream

Tuesday, August 26
Chicken Quesadilla
Or
Italian Sausage with Peppers and Onions
Roasted Squash
Spanish Rice

Wednesday, August 27
Beef Liver with Onions
Or
Anniversary Chicken
White Rice
Mixed Greens

Thursday, August 28
Trout Almondine
Or
French Onion Pork Chops
Sweet Corn
Creamed Spinach

Friday, August 29
Crab Stuffed with Shrimp
Or
Chicken and Dumplings
Sweet Green Peas
Candied Yams