

November 2025

ENRICHMENT

THE INSIDER'S GUIDE TO FAYETTE SENIOR SERVICES LIFE ENRICHMENT CENTER

FAYETTEVILLE | PEACHTREE CITY

Festive Flair

Experience the magic of the season with a soulful musical celebrating timeless holiday memories with heart and joy!

Turkey Talk

Treat the tastebuds and fill your plate with turkey, sides and good company. Bring a dish, share a recipe, and savor the season!

Biscuit Bliss

You can't miss out on your new favorite comfort food. These melt-in-your-mouth sour cream biscuits taste like a little bite of heaven!

Live Well. Age Well.



SHIP

State Health Insurance
Assistance Program

Need help navigating Medicare? *SHIP can help.*



SHIP is your local State Health Insurance Assistance Program. We provide unbiased support to Medicare beneficiaries and their families.

Your SHIP can help with one-on-one, unbiased guidance:



Understanding costs
and coverage



Enrolling in and
changing plans



Comparing options



Correcting billing issues



2 | November 2025

SHIP is not reimbursed by health insurance plans. Our only priority is helping you to understand and make informed decisions about care and benefits. SHIP is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services.

Find your local SHIP:
shiphelp.org 877-220-0127

770-461-0813 | FAYSS.ORG

November

featured

The Heart Behind The Humor 10

Meet Chuck Eddy, a volunteer whose warmth, wisdom, and dedication bring joy, connection, and a lasting impact to everyone.

Butter My Biscuits 11

These heavenly sour cream biscuits, lovingly called angel muffins, are the perfect combination of a fluffy and buttery treat.

Jingle Bells and Dinner Tales 15

Celebrate the season with a delicious dinner and a soulful holiday musical filled with family, memories, and timeless Motown hits.

Stuff Your Plate 15

Get your gobble on as you wobble on over for a mouthwatering afternoon enjoying Thanksgiving favorites with our FSS family!

in every issue

2025 HOLIDAY CLOSINGS

Thanksgiving.....	November 27, 2025
Thanksgiving.....	November 28, 2025
Holidays.....	December 22, 2025
Holidays	December 23, 2025
Christmas.....	December 24, 2025
Christmas.....	December 25, 2025
Holidays	December 26, 2025

About FSS 4

Supportive Services 5

Meet Our Staff 6

Membership & Center Info 6-7

Coming Soon 8

Free Stuff - Every Day! 12-13

Special Events 15

Classes & Programs 18-29



ABOUT US

Since 1978, Fayette Senior Services, Inc., (FSS) an independent, nonprofit, 501(c)(3) organization, has been providing a wide array of life enriching services to Fayette County residents age 50 and better. Fayette County, Georgia, is home to one of the fastest growing senior populations in metro Atlanta – and the age 50+ population segment is projected to grow an astonishing 450% by 2040. This statistic alone makes our mission — to make a meaningful difference in the emotional, social, and physical well-being of older adults — all the more critical. By fostering independence, improving quality of life, and enhancing the community connection, the programs and services we provide are an essential part of our community.

Not-for-profit FSS enjoys a unique public/private partnership with Fayette County government. Through this agreement we provide a variety of supportive services such as Meals On Wheels, Transportation, In-home Personal Care/ Homemaker Services, Care Management, Information Assistance, and more. We could not do that without our government partners; however, we believe it is our responsibility to complement the public support to ensure we can continue serving Fayette's seniors for generations to come. Therefore, we feel it's important to note that less than half of our revenue comes from sources like the federal, state, and local governments.

Fayette Senior Services is recognized as a model of sustainability and social entrepreneurship among peer organizations and non-government funders. Although we are proud of this recognition, we could not do all that we do without the support from charitable donors, center members, volunteers, grantees, and the community that so generously supports our fundraising efforts.

The aging transition can be paved with a broad spectrum of challenges. However, it can also prove to be rich with opportunities. The key to “aging well” is knowledge. When it comes to addressing those unique needs, Fayette Senior Services Life Enrichment Center is the one-stop shop for empowering older adults to live well and age well.

Our Life Enrichment Centers in Fayetteville and Peachtree City are uniquely different from traditional senior centers. Our beautiful facilities are a vibrant place where adults age 50+ come to socialize with friends, enjoy a great meal in our Ultimate Café, re-energize their bodies, exercise their minds, and lift their spirits.

To make sure our programs and activities are within easy reach to more seniors, we are proud to have established a community partnership with the city of Peachtree City. We also offer many programs and activities in Peachtree City at the Gathering Place (next to “The Fred” Amphitheater).

We are proud to be making life better in our community!
The Fayette Senior Services Staff

Members can enjoy Fayette Senior Services Life Enrichment Center activities in two great locations. Membership includes both of our locations and we encourage everyone to take advantage of all we have to offer at each place!

Fayetteville Location:

4 Center Drive
Fayetteville, GA 30214
Phone: 770-461-0813
Fax: 770-461-2448
M-F 7:30 a.m. to 4 p.m.
(Same complex as the Fayette County Justice Center)

Peachtree City Location

The Gathering Place:

203 McIntosh Trail
Peachtree City, GA 30269
Phone: 770-461-0813
M-F 8:30 a.m. to 4 p.m.
(Same complex as the Frederick Brown Jr. Amphitheater)

Visit us at our website:

www.fayss.org

BOARD OF DIRECTORS

CHAIRMAN | Dan Vano

VICE CHAIRMAN | Stephen Childs

TREASURER | Kim Schnoes

SECRETARY | Martha Teal

DIRECTOR | Rev. B.A. Jackson

DIRECTOR | Bob Reeves

DIRECTOR | Carol Davis

DIRECTOR | Donnie Davis

DIRECTOR | Paige Muh

DIRECTOR | Bubba Ruppe

DIRECTOR | Lynn Black

DIRECTOR | Christy Dunkelberger

When You Need a Little Help From Some Friends...

We offer supportive services that make a meaningful difference in the emotional, social, and physical well-being of older adults by preserving their independence, improving their quality of life, and connecting them to the community.

Meals On Wheels

Meals on Wheels is a needs-based program for homebound or semi-homebound seniors who are unable to provide themselves with regular nutritious meals due to physical or financial challenges. The service also connects homebound seniors to the community through daily social contact, which also helps to ensure their well-being.

AniMeals

To many homebound seniors, having a pet is a source of companionship and comfort. The AniMeals™ program is designed to give our Meals On Wheels clients a little help with the cost of pet food to make sure that maintaining that important bond isn't an added burden.

STAR Program (Seniors Together After Retirement)

Our STAR program offers individuals 60 and older an opportunity to come together for socialization, recreational activities, health and wellness classes, and a nutritious meal in our Ultimate Cafe. Transportation to and from the Center may also be available to eligible participants.

Transportation

For older adults who no longer drive, getting to essential medical appointments, to the pharmacy, to church or to the grocery store can be a challenge putting their health and well-being at risk. We provide safe and affordable door-to-door transportation options. Wheelchair assistance available.

In-Home Personal Care/ Homemaker Services

This service enables older adults to

Eligibility requirements apply for some programs. Some services may be provided free of charge or based on a sliding scale of income. Tax deductible donations welcome for services. Contact us at 770-461-0813 for more information.



remain living independently by providing compassionate care from trained personnel who perform simple homemaker and/or personal care tasks, such as light housekeeping or assistance with bathing. Delivered with the utmost personal respect and dignity, our services can also bring much needed respite to caregivers.

Care Management

Our professional staff of social workers helps older adults make informed decisions to enhance independent living and quality of life. Our Care Managers offer consultations, assessments, and follow-up to assist individuals and families in planning and care. We also provide invaluable support to caregivers.

Medical Equipment Lending

We lend gently-used medical equipment to individuals, families and caregivers. Equipment is loaned on a first-come first served basis.



Meet Our Staff!

ADMINISTRATION

Nancy Meaders
President & CEO

Dan Gibbs
Director of Operations

Morgan Lanier
Program Development
Coordinator

Deana Wright
PTC Center Coordinator

Marilyn Walker
Member Services PTC

Paul Hives
Technology Development

Amber Oliver
Center & Volunteer
Coordinator

Simone Gordon
Finance Officer

THE ULTIMATE CAFÉ

Michelle Clanton
Kitchen Manager

Pedro Cruz
Sous Chef

Arnold Powell
Café Assistant

Kristie Weaver
Café Assistant

Owen Daniel
Café Assistant

MEALS ON WHEELS

Stevie Coachman
Meals On Wheels
Coordinator

Jane Rode
MOW Delivery Driver

CARE MANAGEMENT

Angie Hotard
Care Administrator

TRANSPORTATION

Jeff Wix
Transportation Manager

Adrienne Bellantoni
Transportation Coordinator

Roger Grandt
Driver

Dennis Duke
Driver

Harold Gunnin Jr.
Driver

Cheryl Hembree
Driver

Terry Billingsley
Driver

Paula Byram
Driver

Laurie Brasher
Driver

Alan Simmons
Driver

Charlie Hawkins
Driver

Donna Johnson
Driver

Michael Dixon
Driver

John Felbinger
Driver

Martin Anderson
Driver

Danny Tallent
Driver

Chris Clanton
Driver

Kim Oliveira
Driver

Willie Copeland
Driver

Glenn Murph
Driver

Jason Sherman
Driver

Tom Kirby
Driver



Membership

Our nominal annual membership fee helps Fayette Senior Services (FSS), a non-profit 501(c)(3) organization, sustain its operations, programs and services in order for us to maintain our beautiful facilities and continue to offer great programs and café services at a great value to our members. For more information about FSS, please contact the center administrator.

Membership Dues: \$30 for Fayette County residents (\$90/out-of-county)*. Membership applications **must be made in person** and are available at the reception desk in both FSS locations. **We regret that we cannot accept mail-in applications. Photo ID/Proof of residency required.**

Volunteers are eligible for a FREE membership after 75 hours of service per 12 months. Fayette Senior Services accepts VISA, MASTERCARD and DISCOVER cards.

*No one is excluded for inability to pay. Complimentary memberships can be arranged with a care manager. Please call to discuss with a care manager. They can be reached at 770-461-0813 for more information or to arrange for a confidential meeting.

As we create more opportunities to enrich the lives of older adults in the community, your rewards of being a Fayette Senior Services Member grow as we do. Your membership will be honored at both our Fayetteville

Advertising Information. We appreciate the support from our advertisers, which helps defray the cost of printing our newsletter. For information about FSS advertising and other sponsorship opportunities, please contact Morgan Lanier at 770-461-0813 or mlanier@fayss.org. *The appearance of advertising in Fayette Senior Services, Inc. newsletter, website, classes, programs, or other promotional materials is neither a guarantee nor an endorsement by Fayette Senior Services, Inc. of the product, service, or company or the claims made for the product in such advertising.

Membership Has Its Rewards

Just show your FSS membership card at these retailers and receive discounts:

The Art of Landscaping

1120 GA-85 in Fayetteville | (770) 461-4860

Receive a 15% discount on purchase when you show a valid membership card.

BLB Handyman Services

Ben Bosworth | (678) 777-0871

Receive a 10% discount off services with a valid FSS membership card. Ben is a local fireman and the owner and operator of BLB Handyman Services, LLC. Serving Fayette and Coweta county.

TRINITY Services of Georgia, Inc

Electrical contractor/Low-Voltage Contractor

Ben Miller | (770) 402-0181

Helping to meet your residential, industrial and commercial electrical needs. 10% off all parts involved with service work with valid FSS membership card.

Above & Beyond Pest Management

(770) 487-9506

Receive 10% off all services from this company with a valid membership card.

TCBY

532 Crosstown Drive in Peachtree City.

(770) 631-9803

10% off your purchases when you show a valid FSS membership card.

Jolly Technologies

(678) 653-5169

Receive \$10 discount/hour (total: \$65/hour) off services for computer maintenance when you show a valid FSS membership card.

Pristine Touch Cleaning

470-580-0025

Receive a 10% discount on cleanings when you show a valid FSS membership card.. Price varies based on square footage and cleaning needs. Free quotes.

Visiting Guests

We welcome guests to our center, but ask that they check in at the reception desk so we can provide a tour and answer questions about membership opportunities. While guests may attend non-member indicated programs, we ask that they join as a member to participate in member based programs. Guest visits are not a substitute for membership, so guests may not participate in member exclusive programs. We welcome groups to visit our center for a tour, but to better serve you, please call 770-461-0813 in advance to schedule one.

2025 Fitness Sponsor



Tricia Bethel
770-626-5205

patricia.a.bethel@mwarep.org

2025 Transportation Sponsor



The Fitness Center

- Fayetteville -
Monday-Friday

7:30 a.m. to 4 p.m.

The fitness center is open to members for only \$10 per month. Our fitness center is a great place to get fit, enjoy friends & maintain a healthy lifestyle.

The Ultimate Café

- Fayetteville -

The Ultimate Café is member exclusive. It's one of the many benefits of membership! Members may bring guests to the café, but we ask that all guests sign in at the café register. Guest visits are not a substitute for membership. If a member-eligible guest has more than two visits to the café, we ask they become a member to continue enjoying the amenities.

Breakfast

Monday through Friday

8:30 a.m. to 10 a.m.

Hot breakfast item served every day

Enjoy a choice of continental breakfast items

(cereal, muffins, bagels, fruit, juice, milk).

Pricing is á la carte, plus tax.

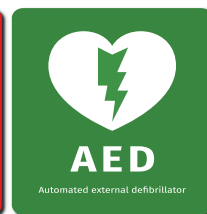
Coffee and tea are complimentary.

Lunch

Monday through Friday

11:15 a.m. to 1 p.m.

Choose from two chef-prepared hot entrees, side dishes, soup du jour, small garden-fresh salad, choice of desserts or fruit. Pricing is



2025 CPR/AED/FIRST AID TRAINING SPONSORED BY:



Coming Soon... December 2025

Dashing Through the Snow Christmas Party

Peachtree City | Wednesday, December 17
1:30 p.m. to 3 p.m. | FREE

Join in on the holiday festivities as we gather around for our Christmas extravaganza. Savor delicious holiday snacks, enjoy music full of holiday cheer, and take part in a White Elephant gift exchange. Bring a maximum \$10 gag gift to join in on this hilarious holiday game of swaps and steals. Member exclusive.

Rocking Around the Christmas Tree Christmas Party

Fayetteville | Thursday, December 18
2 p.m. to 3:30 p.m. | FREE

It's that time of year again, a time to enjoy the holidays, family, and friends! What better way to do so than with Santa, Mrs. Claus, and our family here at FSS. Put on your best tacky sweater and join us for our Christmas Party! We'll have delicious treats and Christmas-themed Karaoke going on during the party, so get your vocal cords warmed up, fa la la la la! Member exclusive.

**All events are subject to change in date/time.
Stay tuned for more details!*



Fayette Senior Services &
Town Square Playhouse Present

**"A Motown
Christmas Memory"**

**DINNER
THEATER**

Thursday, November 13
5:30 p.m. to 8:30 p.m.

4 Center Drive, Fayetteville
770.461.0813

Local theater Town Square Playhouse brings the theater right here to FSS! Delight in a delicious dinner before enjoying their holiday play for an evening you don't want to miss out on!

Tickets \$15

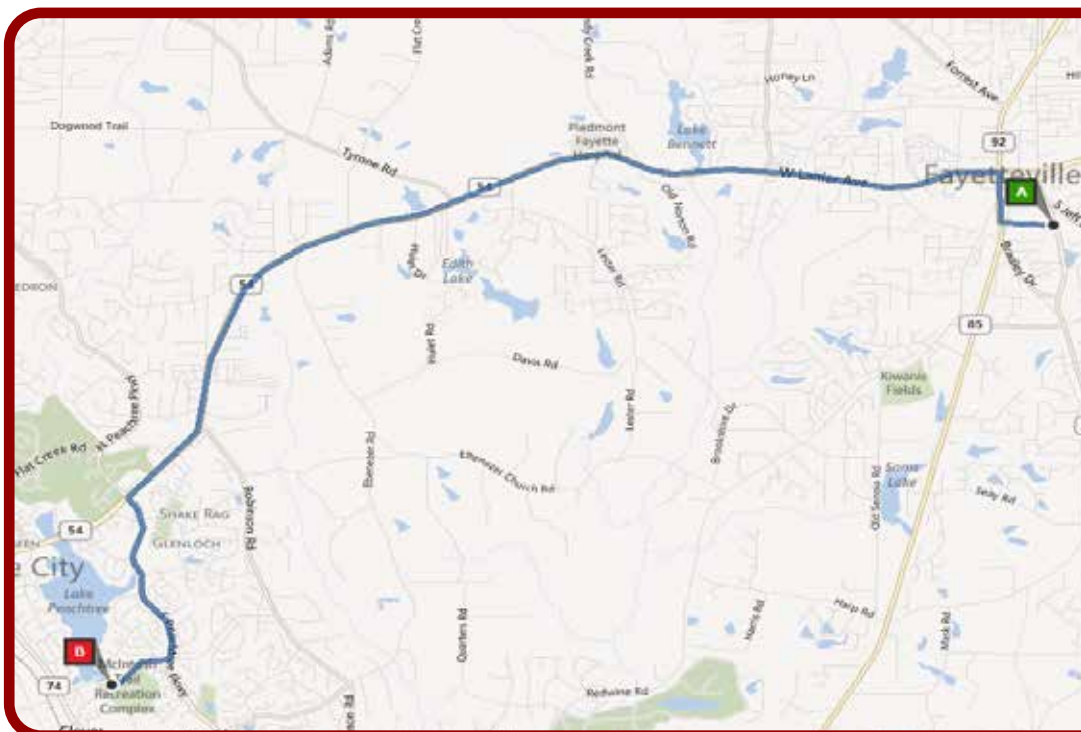
Event Sponsored By:

SENIOR
Helpers **Humana**

VICTORIA J. FARRELL
ATTORNEY AT LAW
WILLS, ESTATES
Fayetteville, Georgia 31704-1084

Need Directions?

How to get from FSS Fayetteville to FSS Peachtree City.



1. Head west on Center Drive towards GA-85/ Glynn Street S.

3. Continue Straight onto Melear Way.

3. Turn Right onto GA-85/ Glynn Street S.

4. Turn left onto GA-54 S/E Lanier Ave.

5. Turn left onto S. Peachtree Parkway

6. Turn right onto McIntosh Trail

Destination will be on the left

Miriam's Fitness Corner

DEMENSIONS OF DEMENTIA

Thank you all for helping to make last month's Alzheimer's Walk a major success! We met our goal and could not have done it without you. Please mark your calendars for October 3, 2026 and join us in the fight again next year.

Dementia has affected each of us in some way. Whether with a loved one or if you are living with this disease, the more educated we are, the more prepared we can be. This preparation can look like either fighting or accepting this diagnosis. Either way, we're armed with knowledge converted to power.

For those who may not know, Alzheimer's and dementia are related, yet not the same. There are some important differences. Dementia is an umbrella term for a group of symptoms that affect memory, thinking, and social abilities severely enough to interfere with daily life. Alzheimer's disease is a specific type of dementia. It is progressive, which means symptoms gradually worsen over time, while other

forms of dementia can be static or even reversible. Alzheimer's always involves memory loss but other forms of dementia may not. Alzheimer's is caused by changes in the brain, including the buildup of certain proteins. Other types of dementia may have different underlying causes. So, while Alzheimer's is a type of dementia, not all dementia is Alzheimer's. It is important to note that early diagnosis is critical when it comes to managing symptoms and developing a treatment plan. The following are common signs to look for when assessing cognitive decline:

- Memory loss that disrupts daily life, such as forgetting important dates or events
- Difficulty solving problems or planning
- Difficulty completing familiar tasks, like using a household appliance
- Confusion with time or place
- Trouble understanding visual images or spatial relationships
- New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgement
- Withdrawal from work or social activities
- Changes in mood and personality

If you notice a loved one or yourself are experiencing any of these symptoms, please speak to a healthcare provider immediately. Early detection is key because, after all, memory matters!

Thank You!

FELLOWSHIP OF LOVE CHURCH

The Empowerment Package will support:

- ✓ Meals On Wheels
- ✓ Volunteer Appreciation
- ✓ Fitness Program Supplies
- ✓ Ice & Water Dispenser
- ✓ Phone System Updates



We would like to extend our heartfelt thanks to The Fellowship of Love Church for awarding Fayette Senior Services their generous Empowerment Package grant of over \$6,000. This impactful sponsorship will support several key areas of FSS, helping us continue to enhance the lives of the seniors we serve.

Dear Volunteer, You Make a Difference!

Where Humor, Heart and Service Meet

Written By: Amber Oliver



"Volunteering at FSS is a highlight of my week!"
-Chuck Eddy

At FSS, we are incredibly fortunate to have volunteers who share not only their time, but also their heart, humor, and humanity in everything they do. This month, we're thrilled to spotlight one of those special people, Chuck Eddy, who volunteers with our STARS program. He is a longtime Fayette County resident whose life experiences, easygoing charm, and big heart make him a beloved part of our volunteer family!

Chuck's story begins in the New England states as well as the Chicago area, where he grew up in a large and lively family. His mom worked as an administrative assistant, and his dad made a career in sales. Chuck is one of six siblings - one brother, one sister, one stepsister, and two half-sisters - and the energy of a full house shaped much of his childhood! As children, sports were a constant activity they enjoyed together. They played baseball, football, ran track and enjoyed staying active. After graduating from Hinsdale South High School in Illinois, Chuck took a major step forward, one of discipline, leadership, and service by attending the United States Military Academy at West Point. There he honed the drive and dedication that would carry him through a successful career and fulfilling life. He later went on to earn his master's degree from New Hampshire College, showing a commitment to lifelong learning. Chuck spent his professional life as a Vice President of Sales. After decades of hard work and leadership, he retired in 2025. Today, Chuck enjoys staying fit by working out, playing pickleball, hitting the golf course, and even serving as an HOA board member. Chuck is the proud father

of two adult children - a son who lives in Athens, GA and a daughter who lives in New York. He is also a grandfather of two and beyond proud to carry that title.

After hearing great things about FSS, Chuck decided to try his hand at volunteering. And just like that, he has become a dedicated and enthusiastic part of our team - showing up with a smile, a kind word, and a willingness to jump into any role that helps our seniors feel seen, valued, and celebrated! When asked what he enjoys most about volunteering, Chuck doesn't hesitate to share, "Interacting with the seniors and hearing their life stories." Just recently, a senior gave him a thank-you card, and it meant the world to him. It's not just the seniors who love Chuck, it's fellow volunteers too. We hear often from others when Chuck is brought up, "Oh, we love Chuck!", "He knows exactly how to connect with the seniors.", and "He's smart, fun, and even willing to dress up to bring a smile to someone's face!"

To get to know Chuck a little better, we threw in some fun questions and boy did he deliver! If stranded on a desert island, he would want family and friends with him (that's so Chuck!). His karaoke song of choice is a wonderful one, *Sweet Caroline*. We feel confident in saying he surely would get the whole room singing "BAH BAH BAH!" along with him. His late-night talk show guest would be either his dog Otis or Ronald Reagan, and we'd tune in for either! The favorite cartoon character he'd like to hang out with is Pooh Bear, because who wouldn't want to spend the day in the Hundred Acre Wood? If he had to listen to one song for the rest of his life it would be without a doubt *Fire and Rain* by James Taylor. A fun fact most people don't know about Chuck is that he once hit four home runs in a single softball game! And that is just what Chuck does with everything he puts his heart into, swinging for the fences and hitting home runs.

Chuck brings the perfect mix of heart and humor to everything he does. Whether he's lending an ear, leading a group activity, or getting a laugh with a silly costume, he makes everyone around him feel welcome and appreciated. Chuck, you inspire everyone around you to be a better person and we are so grateful for you. Thank you for sharing your time, your stories, and your sincere love of others with the FSS community. Your presence makes a difference, not just in the lives of the seniors you support, but in the spirit of our whole organization.



2025 Volunteer Sponsor

Attorney David R. Moore
www.peachtreelawgroup.com
770-487-0202

From Our Kitchen To Yours

Sour Cream Biscuits (Angel Muffins)

Enjoy this delicious recipe to try at home from the kitchen of the Fayette Senior Services' family!



Photo via The Girl Who Ate Everything

Ingredients

- 2 cups of self-rising flour (White Lily or Martha White work best)
- 1 1/2 sticks melted butter
- 8 oz sour cream (this can be a combination of sour cream and fresh buttermilk)

Directions

- Mix together the self-rising flour, melted butter and sour cream (and buttermilk if you choose)
- Pour into miniature muffin pans
- Bake at 350 degrees for 20 minutes
- Yields approximately 40 mini muffin biscuits

Enjoy!

Join us in the Ultimate Cafe in Fayetteville!

Breakfast:

Monday through Friday 8:30 a.m. to 10 a.m.
Hot breakfast item served each day
(a la carte pricing plus tax)

Lunch:

Monday through Friday
11:15 a.m. to 1 p.m.
(a la carte pricing plus tax)



MEMBERS CAN ENJOY FREE ACTIVITIES EVERY DAY.

As a member, there are many membership benefits available to you, including a variety of FREE activities...every day! Not big on classes or group activities? No problem! Many members enjoy the use of both Fayetteville and Peachtree City locations to relax, read a book, meet friends, or just grab a cup of coffee. In addition, we always have a schedule of free programs on the calendar (see our monthly events section). It pays to be a member!

IMPORTANT INFORMATION TO FITNESS STUDENTS

Some fitness classes are free to center members while some have a fee. We also have a fitness center housing many workout machines and equipment, however, an orientation must be done prior to starting. *Please check with your doctor before starting any new fitness program. "We Card!" Please help us preserve your member benefits...be prepared to show your member ID card when asked. Thank you.

Free in Fayetteville

Mondays

Sit and Get Fit:

10 a.m. to 10:40 a.m.

Canasta:

8 a.m. to 3 p.m.

Regular and Hand & Foot

Blood Pressure Check:

12 p.m. to 1 p.m.

Mexican Train**Dominoes:**

12:30 p.m. to 3 p.m.

Sit and Stitch:

1 p.m. to 4 p.m.

Chess Club:

1:30 p.m. to 3 p.m.

Bid Whist:

1:30 p.m. to 4 p.m.

Tuesdays

Pinochle:

9 a.m. to 12 p.m.

Scrabble:

1 p.m. to 4 p.m.

Tuesday Bridge Club:

1:30 p.m. to 4 p.m.

Wednesdays

Sit and Get Fit:

10 a.m. to 10:40 a.m.

Canasta:

8 a.m. to 3 p.m.

Blood Pressure Check:

10 a.m. to 12 p.m.

Rummikub:

12:30 p.m. to 3 p.m.

Thursdays

Blood Pressure Check:

10:30 a.m. to 12 p.m.

Bunco:

1 p.m. to 3:30 p.m.

Fridays

Pinochle:

9 a.m. to 12 p.m.

Sit and Get Fit:

10 a.m. to 10:40 a.m.

Canasta:

8:30 a.m. to 3 p.m.

Game Day:

12 p.m. to 3 p.m.

Bring your favorite game to share and play with others around the center

Mexican Train**Dominoes:**

12:30 p.m. to 3 p.m.

Scrabble:

1 p.m. to 4 p.m.

Bid Whist:

1:30 p.m. to 4 p.m.

Calling all pool sharks!

Practice your skills and have fun playing billiards. Join this fun group of friends who have made the pool room their second home! Enjoy some friendly competition and banter any day of the week during our regular business hours.

Men & women welcome!

Free in Peachtree City

The Gathering Place location in Peachtree City has a room located in the building right next door to it. Some classes are held in that room throughout the week. Please call 770-461-0813 to check or stop by the front desk and we will point you in the right direction.

Mondays

Morning Stretch:

9 a.m. to 10 a.m.

Blood Pressure Checks:

9:45 a.m. to 10:30 a.m.

Intermediate Social

Bridge Free Play:

12 p.m. to 4 p.m.

Canasta:

12:30 p.m. to 4 p.m.

Tuesdays

Chinese Mahjong:

1 p.m. to 4 p.m.

This different variation to American Mahjong is less challenging but just as fun! The group will teach you to play if you are unfamiliar with the game.

Bingo Bash:

3rd Tuesday of month

2 p.m. to 4 p.m.

Group meets monthly to play bingo. No partner needed.

Wednesdays

Morning Stretch:

9 a.m. to 10 a.m.

Marathon Bridge:

2nd Wednesday of month

10 a.m. to 2 p.m.

Social Duplicate Bridge:

Wednesday (does not meet 2nd Wednesday of month)

10 a.m. to 3 p.m.

American Mahjong:

12 p.m. to 4 p.m.

Thursdays

Double Deck Pinochle:

12:30 p.m. to 3 p.m.

Fridays

Morning Stretch:

9 a.m. to 10 a.m.

American Mahjong:

12 p.m. to 4 p.m.

Canasta:

1 p.m. to 4 p.m.

Game Day:

1 p.m. to 4 p.m.

Turn the Pages!

Check out the collection of books and magazines from all genres. Available for pick up at both our Peachtree City and Fayetteville locations! Have some you aren't using? We are currently accepting book donations.



These ladies enjoyed a crafty afternoon making scarves.



The pool sharks have enjoyed newly covered tables from CLT!

Rules, Regulations & Cancellation Policies

Register early! Many of our classes are extremely popular and fill up quickly! All classes have a class-size limit that varies with each class. All classes – free or fee-based – require registration unless otherwise noted. Any applicable fees must be paid at the time of registration, or you are not considered registered for the class.

REGISTRATION: Please stop by the Fayetteville or Peachtree City location or call the Center receptionist to register for classes. All fees are payable in advance – cash, check, or credit card.

CANCELLATIONS: Fayette Senior Services reserves the right to cancel any class due to insufficient registration or at the instructor's request. If cancellation is necessary, anyone already registered will be notified and receive a full credit to their account. Please note that some classes have specific registration deadlines.

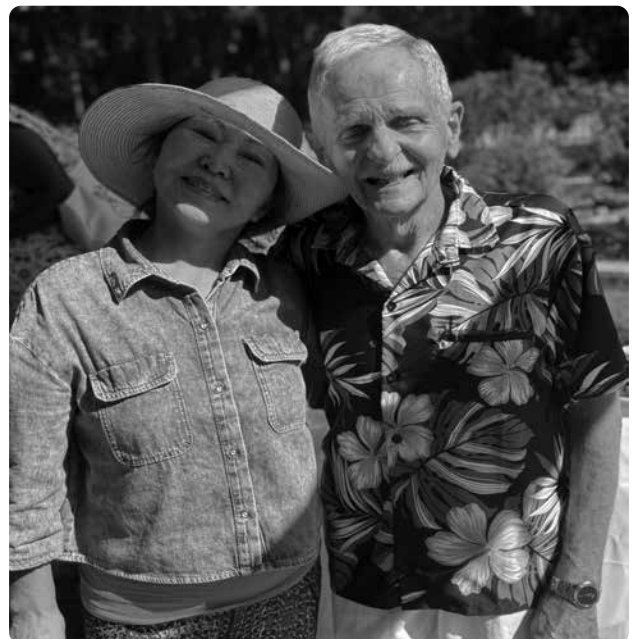
WAITING LIST: All classes, activities, trips, and special events are offered on a first-come, first-served basis. If a class or activity is full, you may be placed on a waiting list.

REFUNDS: Refunds will be issued if registration is cancelled by the participant up to 5 working days prior to the start date. Any event costs incurred will be deducted from the requested refund in addition to a 10% administration fee. No refunds awarded after that deadline. Refunds will be issued in the form of an FSS credit towards future program registration or membership dues.

CLASSROOM PARTICIPATION REQUIREMENTS: Participants must be mobile as well as physically, mentally, and medically able to participate without disruption in any class or activity. Fayette Senior Services reserves the right to evaluate participants to determine an individual's participation ability. Some classes require a medical release and/or a fitness readiness questionnaire.



Our wonderful models at the Seasons of Style Fashion Show!



Two of our wonderful garden volunteers at the Garden Party.

Special Events



A Salute to Our Veterans

FAYETTEVILLE

Tuesday, November 11
2 p.m. to 3 p.m.

FREE

Members and non-members
Pre-registration required

Come together as we celebrate and honor the veterans that have served our country. Calling all veterans, family and friends, and patriots alike to join in the celebration as we honor the men and women who have served and those who are still serving our country. This day of celebration will feature veterans and supporters throughout our community. We welcome Veteran and Founder of The Eden Project Bren Briggs, Veteran Bill Kempf of American Legion Post 105, members of the Noteworthy's singing group and Veteran bugler Robert Fox. Hear about the history of Veterans Day and the true reason we recognize this respected day. Relish in beautiful patriotic music and enjoy a posting and retiring of the colors. It will be a celebration worth writing home about!



Christmas My Way: Dinner Theater

FAYETTEVILLE

Thursday, November 13
5:30 p.m. to 8:30 p.m.

\$15 | Members can purchase tickets at front desk
Pre-registration required

Enjoy a production and delicious dinner right here at FSS! Local theater company Town Square Playhouse presents *A Motown Christmas Memory*. This show promises to be a soulful holiday musical about family and faith. In a cozy home filled with memories, Grandma waits for her family to arrive on Christmas Eve. As she prepares the house, she reminisces about joyful holidays past. Through the flashbacks, soulful music, and visits to her church, Grandma reflects on the true meaning of Christmas – not in gifts or traditions, but in the arrival of Jesus and the gift of salvation and hope. A singing Motown-style trio appears throughout the musical – sometimes as narrators, as memory keepers and as angels – as they symbolize a generational legacy of faith, music and love. Event sponsored by Senior Helpers, Attorney Victoria Farrell with Fayette Law Group, and Humana.



The Turkey Trot: Potluck & Family Recipe Swap

PEACHTREE CITY

Wednesday, November 19
12:15 p.m. to 1:15 p.m.

\$8

Member exclusive
Pre-registration required

Gobble gobble, it's time to talk turkey...and taste it too! Join us for a fun and festive Thanksgiving potluck where the only thing stuffed will be your plate. Bring your favorite side dish or dessert, along with the recipe, so we can all swap secrets and share the love of the holiday season. Our kitchen crew will be serving up mouthwatering turkey and gravy with classic cornbread dressing to get those holiday cravings going. Come hungry, leave happy, and take home a bundle of new recipes to spice up your Thanksgiving table. It's a feast, a recipe exchange, and a whole lot of fun, all rolled into one delicious afternoon!

Sunday							Monday							Tuesday							Wednesday						
October 2025							December 2025																				
S	M	T	W	T	F	S	S	M	T	W	T	F	S														
			1	2	3	4		1	2	3	4	5	6														
5	6	7	8	9	10	11	7	8	9	10	11	12	13														
12	13	14	15	16	17	18	14	15	16	17	18	19	20														
19	20	21	22	23	24	25	21	22	23	24	25	26	27														
26	27	28	29	30	31		28	29	30	31																	
2							3							4							5						
							Chimney Sweep pg. 22							Massage pg. 26							Quilting UFO pg. 26						
							1-on-1 Medicare Consultations pg. 22							Tellebration Celebration pg. 22							The Financial Fairness pg. 26						
														Eyeglass Repair and Adjustments pg. 26							Under Pressure pg. 26						
9							10							11							12						
							Crochet: Snowballs pg. 18							Volunteer Open House pg. 23							Quilting UFO pg. 26						
							Serving Those Who Served pg. 23							Sweet Dreams pg. 27							The First Festival pg. 26						
							Fork In the Road pg. 27							A Salute to Our Veterans pg. 15							Harvest Heat pg. 26						
16							17							18							19						
							1-on-1 Medicare Consultations pg. 22							Painting Workshop pg. 18							Quilting UFO pg. 26						
							Floral Flair: Flower Arranging pg. 18							And Sew It Begins pg. 25							Computer Assistance pg. 26						
							The PT Playbook pg. 27							In the Fast Lane: EchoPark Speedway Tour pg. 24							Gotta Hand Massages pg. 26						
							A Donation Worth A Thousand Words pg. 24							The People's Law School pg. 25							The Turkey Trot Family Recipe pg. 26						
							Crochet: The Year of Coasters pg. 18							Book Club pg. 25							Hearing Aid Care and Maintenance pg. 26						
23							24							25							26						
							The Guardian Of You pg. 25							Computer Assistance pg. 26							Movie Day pg. 26						
31							Discovering Your Why pg. 28							The Sniffle Shield pg. 29													
														Joint Venture pg. 29							Movie Day pg. 26						

ber 2025

Wednesday	Thursday	Friday	Saturday
			1
5 g Day: pg. 18 orecast pg. 22 sure pg. 26	6 What's for Lunch? pg. 22 Memory Screenings pg. 27	7 A Cup of Cozy pg. 23 Uncork the Holidays pg. 23 Cornhole pg. 22	8
12 g Day: pg. 18 east pg. 23 alth pg. 27	13 Car Wash pg. 24 Christmas My Way: Dinner Theater pg. 15 Movie Day pg. 21	14 1-on-1 Legal Consultations pg. 24 A Sound Bath pg. 27 Seize the Clay: Christmas Angels pg. 24	15
19 Day: pg. 18 istance pg. 26 I It To You: ages pg. 28 ot: Potluck & Swap pg. 15 Cleanings & ce pg. 28 Limits pg. 28	20 Book Club pg. 25 Peace Through Preparedness pg. 25 Yule Be Healthy pg. 28 Dementia Caregiver Support Group pg. 25	21 Cornhole pg. 22 Present Perfect pg. 24 'Tis the Season for Greeting Cards pg. 18 On the Move: Functional Movement Assessments pg. 28 The Buzz on Bulbs pg. 25	22
26 y pg. 21 ay pg. 21	27 CLOSED Thanksgiving	28 CLOSED Thanksgiving	29

November Program Schedule

Needlework

Crochet: Snowballs

FAYETTEVILLE
Monday, November 10
10 a.m. to 12 p.m.
\$5 | Materials not included
Pre-registration required
Instructor: Nancy Crow

Enjoy this fun crochet project making snowballs to have a mess-free snowball fight in Georgia where snow and snowballs are rare. Materials needed: Bernat Baby Blanket yarn or regular blanket yarn in white or vanilla; size K crochet hook; stitch marker. Nancy will provide poly. Contact Nancy at icrochet2@bellsouth.net with questions.

Crochet: The Year of Coasters

FAYETTEVILLE
Monday, November 17
10 a.m. to 12 p.m.
\$5 | Materials not included
Pre-registration required
Instructor: Nancy Crow

Our final coaster to complete our year of coasters! This month, put together a festive and adorable Christmas wreath. Materials needed: white and green cotton yarn; small amounts of red of 1/4" red ribbon; size G or H crochet hook; stitch marker. Contact Nancy at icrochet2@bellsouth.net with questions.

Quilting Day: UFO

FAYETTEVILLE
Wednesday, November 5
9 a.m. to 3 p.m.
\$15 | Materials not included
Pre-registration required

Instructor: Darlene Hubble

FAYETTEVILLE
Wednesday, November 12
9 a.m. to 3 p.m.
\$15 | Materials not included
Pre-registration required
Instructor: Darlene Hubble

FAYETTEVILLE
Wednesday, November 19
9 a.m. to 3 p.m.
\$15 | Materials not included
Pre-registration required
Instructor: Darlene Hubble

Take time to finish up projects. Grab your oldest UFO to get it finished. This class is not instruction based, just free time to work on a personal project with others. Must provide your own sewing machine. Some quilting experience required, not for beginners.

Creative Pursuits

Floral Flair: Flower Arranging

PEACHTREE CITY
Monday, November 17
9:30 a.m. to 10:30 a.m.
\$65 | Includes Materials
Pre-registration required
Instructor: Sierra Pyron

The saying goes, "Where flowers bloom, so does joy," and that's just what you'll create with a little joy of your own! Join Sierra Pyron from Gracie's Garden Floral Studio for a hands-on floral arranging workshop where you'll learn the basics of fall-inspired floral design. Using fresh flowers and festive accessories, Sierra will guide you step-by-step through creating a beautiful arrangement perfect for your

home or as a heartfelt gift. All materials and tools will be provided, and you'll leave with your very own handmade creation and the knowledge to make even more at home. No previous experience needed, just bring your creativity! Pre-registration is required by Monday, November 10.

Painting Workshop

PEACHTREE CITY
Tuesday, November 18
10 a.m. to 12 p.m.
\$40 | Includes materials
Pre-registration required
Instructor: Kathy Brewer

Paint a picture by following along step-by-step with the instructor – you'll be surprised by what you're capable of! See the front desk for a sample picture. This month, paint a breathtaking snowy forest using beautiful color collages. This can also be used to turn into Christmas cards!

'Tis the Season for Greeting Cards

PEACHTREE CITY
Friday, November 21
9:30 a.m. to 12:30 p.m.
\$30 | Includes materials
Pre-registration required
Instructor: Karen DeFelix

Learn to make small watercolor paintings that you can frame or use for greeting cards! Discover the basic watercolor techniques as well as a quick way to copy the designs and other tips and tricks. Designs will be provided for holiday cards among others for different greeting cards. A template for making your own cards at home will be provided. Designed for all levels, no previous experience needed. See front desk for picture.



Dance

Advanced Beginner Line Dance

PEACHTREE CITY
Monday
3 p.m. to 4 p.m.
\$20 | Month
Instructor: Jennifer Glavosek

Learn additional line dance steps and more challenging routines. This class will teach you new and older classic dances that students have been enjoying for years. This class will be fun, energetic and great for the mind. For dancers who already have a knowledge of the basic line dance steps.

Improver Plus Line Dance

FAYETTEVILLE
Tuesdays
1:45 p.m. to 2:45 p.m.
\$20 | Month
Instructor: Linda Vaughn

Keep advancing and become a line dance expert in no time. When you reach the Improver level, you are on your way to learning a myriad of new and fun challenging dances. Remember line dancing is excellent for mind, body and social networking. Reach out and connect to workshops, seminars and open dance parties in order to reach your maximum capacity.

Intermediate Line Dance

FAYETTEVILLE
Tuesdays
3 p.m. to 4 p.m.
\$20 | Month
Instructor: Linda Vaughn

This class is geared to those who are comfortable with improver dances and would like to begin dancing intermediate dances. This class will include both

classic and new intermediate line dances. Get ready to expand your line dance repertoire and at the same time keep your mind and body tuned.

Peachtree City Beginner I Line Dance

PEACHTREE CITY
Tuesday
11:30 a.m. to 12:30 p.m.
\$15 | Month
Instructor: Stella Joshua

PEACHTREE CITY
Wednesday
11:30 a.m. to 12:30 p.m.
\$15 | Month
Instructor: Stella Joshua

For those new to line dance. Learn basic dance steps, terminology and some of the popular party, reunion and reception dances. Tuesday and Wednesday Beginner I class are the same class, two different options for days!

Peachtree City Beginner II Line Dance

PEACHTREE CITY
Tuesday
12:30 p.m. to 1:30 p.m.
\$15 | Month
Instructor: Stella Joshua

For those who have had at least six months of Beginner I Line Dance. This class develops more complex dances, steps and turns.

Free Moves Line Dance

FAYETTEVILLE
Friday
10 a.m. to 12 p.m.
FREE
No pre-registration required

Enjoy a morning of dancing during this self-led group. Gather together to move to the music. This is just a casual dance and not instruction

based. No teacher will be present, just members who love dancing!



Fitness

Flex & Flow Pilates

FAYETTEVILLE
Monday
9 a.m. to 9:45 a.m.
\$15 | Month
Instructor: Jodi Smit

Experience the flex and flow of Pilates for strength and mobility. In this gentle Pilates class, we'll combine core-strengthening benefits with soothing mobility exercises and deep stretches to improve flexibility, balance and overall movement. Whether you're new to Pilates or looking to enhance your routine, Flex & Flow will help you feel stronger, move with ease and enjoy the freedom of a flexible, balanced body. Get ready to stretch, strengthen and flow through exercises that are fun, safe, and designed to keep you moving comfortably at any age! Please bring a mat with you to class.

Just Beat It: Cardio Drumming

FAYETTEVILLE
Monday
12 p.m. to 12:45 p.m.
\$10 | Month
Instructor: Pam Tate

FAYETTEVILLE
Wednesday
11:15 a.m. to 12 p.m.
\$10 | Month
Instructor: Pam Tate

Drum roll please...it's time to join in the fun with this upbeat and dynamic cardio workout that is a little outside the box! Cardio drumming combines cardio exercise and drumming to the rhythm of music in an easy but effective workout regime. This

exciting, low-impact workout is for all ages and helps improve coordination and motor skills and boost your mood and health.

Fit For Life

FAYETTEVILLE

Monday

10:30 a.m. to 11:20 a.m.

\$15 | Month

Pre-registration required

Instructor: Euriel Reynolds

Build strength to make your daily activities easier, whether you exercise best in a chair or on your feet. Strength training provides an abundance of benefits. It contributes to better coordination, balance, mobility, and overall health, to name a few. Use hand weights, elastic bands and balls to strengthen muscles and increase range of movement during this full body workout for all fitness levels.

Chair Yoga

PEACHTREE CITY

Tuesday | 10 a.m. to 11 a.m.

Thursday | 9 a.m. to 10 a.m.

*1 or 2 day option available

\$25 | Month – 1 class

\$35 | Month – 2 classes

Instructor: Lori Clark

Choose between 2 days a week or 1 day a week (either Tuesday OR Thursday). Chair yoga is a gentle yoga practice in which poses are performed in a chair or aided by a chair while standing on a mat. This class will build strength, balance, and flexibility, while incorporating breathing exercises and meditation to calm the body and mind and increase awareness.

Yoga: Peachtree City

PEACHTREE CITY

Tuesday

8:45 a.m. to 9:45 a.m.

\$25 | Month

Instructor: Lori Clark

Improve your strength, flexibility and balance while bringing more focus and peace into your life in this gentle flow yoga class. Through breathing work and intentional practice, you'll find a sense of calm during this mind-body exercise. Different options provided for poses, but must be able to get up and down from the floor. Please bring a mat.

Yoga: Fayetteville

FAYETTEVILLE

Friday

8:45 a.m. to 9:45 a.m.

\$20 | Month

Instructor: T. Michael

A form of mind-body exercise that combines standing, sitting, and balancing postures to bring strength, flexibility, and calm. Please bring a mat with you to class.

Dance and Tone

PEACHTREE CITY

Thursday

10:15 a.m. to 11 a.m.

\$20 | Month

Instructor: Lori Clark

Make your workout more fun as you dance and tone during this class. This easy-to-follow dance session will include a warm-up, simple dance routines combined with toning exercises utilizing light weights, followed by a cool down and stretch. Boost your cardiovascular fitness, tone your muscles, improve your coordination and memory in an interactive way that doesn't feel like your typical workout.

Cardio, Core & More

PEACHTREE CITY

Thursday

12 p.m. to 12:50 p.m.

\$18 | Month

Instructor: Miriam Jones

If early morning workouts aren't your thing, this is the class for

you! Miriam feels your pain and is happy to reciprocate! Join for a fun and different mix of effective, yet easy-to-follow exercises that will strengthen your body and enhance your mood.

Power Aerobics

FAYETTEVILLE

Tuesday and Thursday

7:40 a.m. to 8:30 a.m.

\$35 | Month

Instructor: Miriam Jones

These super fun, up-tempo total body workout sessions are designed to strengthen your muscles and core while simultaneously improving balance, coordination, and flexibility. Prepare to be safely challenged as no workout is ever the same. You'll gain energy and friendships. Each Thursday workout includes floor work so bring a mat that day. Modifications provided.

Intermediate I Aerobics

FAYETTEVILLE

Tuesday and Thursday

8:40 a.m. to 9:30 a.m.

\$35 | Month

Instructor: Miriam Jones

Whether you're a fitness enthusiast or dread the idea of exercise, this is the class for you. Take the routine out of fitness. These total body workouts are never the same and will have you feeling stronger and more energized. Each workout is designed to improve endurance, strength, flexibility, coordination, core, and brain function. Modifications provided. Bring a mat on Thursdays.

Intermediate II Aerobics

FAYETTEVILLE

Tuesday and Thursday

9:40 a.m. to 10:30 a.m.

\$35 | Month

Instructor: Miriam Jones

This total body workout will leave you feeling stronger and more energized. Start your morning off twice a week with Miriam as she provides a great session intended to get you moving and feeling better throughout each week. Each workout is designed to improve endurance, strength, flexibility, coordination, core, and brain function. Modifications provided. Bring a mat on Thursdays.

Stretch for Movement

FAYETTEVILLE
Wednesday
9:45 a.m. to 10:30 a.m.
\$18 | Month
Instructor: Miriam Jones

A series of simple and easy-to-follow stretch combinations to improve your balance, coordination, and range of motion as well as helping relieve stress through a series of breathing techniques. Bring a mat to class.

Seated Stretch for Movement

FAYETTEVILLE
Friday
12:15 p.m. to 1 p.m.
\$18 | Month
Instructor: Miriam Jones

Flex! It's time to get stretched. This class is guaranteed to enhance mood, boost energy, improve circulation and reduce muscle stiffness. Experience increased range of motion, better balance and reduced risk of falls and other injuries. Prepare to feel and move better.

Walking Group: Fayetteville

FAYETTEVILLE
Wednesday
10:45 a.m. to 11:30 a.m.
FREE
No pre-registration required

Meet inside the FSS lobby to

increase your success by walking with a partner(s). 150 minutes per week of cardiovascular activity promotes heart health and lowers the risk of many other ailments. Improve physical fitness with a dose of cardio. Self-led group.

Walking Group: Peachtree City

PEACHTREE CITY
Thursday
10 a.m.
FREE
No pre-registration required

Meet at the Gathering Place to check in and then take advantage of the paths around the center to add social interaction with a dose of cardio. Self-led group.

Tai Chi Club

FAYETTEVILLE
Wednesday
2 p.m. to 4 p.m.
FREE
No pre-registration required

This self-lead group meets to practice their form together. This is not instruction based and previous Tai Chi experience is needed. Tai Chi provides a safe, gradual way to improve flexibility, increase circulation, reduce stress, strengthen bones, lower blood pressure, and increase overall fitness.

Special Interest

The Center Box Office

Member exclusive | Pre-registration required

PEACHTREE CITY
Thursday, November 13 | 1:15 p.m.
Ruth & Boaz (2025) | TV-14

Starring: Sereyah, Tyler Lepley, Phylicia Rashad. A modern-day retelling of one of the most iconic love stories in the Bible. A young woman escapes the Atlanta music scene to care for an elderly widowed woman and in the process finds the love of her life and gains the mother she never had.

PEACHTREE CITY
Wednesday, November 26 | 1:15 p.m.
Jerry & Marge Go Large (2022) | PG-13

FAYETTEVILLE
Wednesday, November 26 | 1:15 p.m.
Jerry & Marge Go Large (2022) | PG-13

Starring: Bryan Cranston, Annette Bening, Rainn Wilson. Based on the true story about a long-married couple Jerry and Marge Selbee. Retiree Jerry discovers a mathematical loophole in the Massachusetts lottery and, with the help of his wife Marge, wins \$27 million dollars and uses the money to revive their small Michigan town.

Fayette Senior Services
Making Life Better™

Garden Club

FAYETTEVILLE

Regular meetings will resume in March

FREE

Members and non-members

No pre-registration required

Garden meetings are dormant, just like our plants, but join us in March! If you have a green thumb, love gardening and are interested in volunteering, join the Garden Club. It's never too early to get involved, so contact Amber Oliver at aoliver@fayss.org for more information.

1-on-1 Medicare Consultations

PEACHTREE CITY

Monday, November 3

10 a.m. to 2 p.m.

FREE

Member exclusive

Pre-registration required

FAYETTEVILLE

Monday, November 17

10 a.m. to 2 p.m.

FREE

Member exclusive

Pre-registration required

A representative with Georgia Cares will meet one-on-one with Medicare beneficiaries and their families. Georgia Cares is a State Health Insurance Assistance program that provides free, non-biased information about Medicare. Please bring your Medicare card and list of medications with you to the session.

Chimney Sweep

FAYETTEVILLE

Monday, November 3

1:30 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

Colder weather is here, and that means cozy nights by the

fireplace are just around the corner! But before you get too comfortable, it's essential to make sure your chimney is safe and ready for the season. Join Ron Mundy, retired Battalion Chief from Peachtree City Fire Rescue with over 36 years of service and Owner of Fayette Chimney Sweep, for a look into fireplace safety and chimney care. With his extensive experience as a firefighter, Ron will cover everything you need to know about safely using fireplaces and heat-producing appliances. This presentation also offers valuable safety tips to help identify and eliminate common fire hazards in the home before they become serious issues. Don't wait until it's too late, get your home ready for a warm and worry-free winter!

Tellebration Celebration

FAYETTEVILLE

Tuesday, November 4

1 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

It's time for a tellebration celebration! Every November, a worldwide storytelling event takes place across the globe as storytellers from around the world gather together to share the excitement of stories in their own communities. The Southern Crescent Storytellers group joins us during this interactive and enticing collection of tales and stories put together by these imaginative individuals. Enjoy the afternoon relishing in creative storytelling that will leave you feeling warm and fuzzy as we celebrate the fun and connection that stories provide us all!

The Financial Forecast

PEACHTREE CITY

Wednesday, November 5

2:30 p.m. to 3:30 p.m.

FREE

Members and non-members

Pre-registration required

Curious about what's really happening in today's financial markets? Join Brett Bexley with Edward Jones for an informative market update designed to keep you in the know. Learn to differentiate between actual signals and the noise we hear on the news. Brett breaks down recent performance trends, key market insights, and the economic events that may be shaping your financial future. Learn how to navigate market volatility, understand policy impacts, and identify potential portfolio opportunities. No matter if you're actively investing or simply want to stay informed, this offers valuable guidance to help you stay on track with your financial goals.

What's for Lunch?

PEACHTREE CITY

Thursday, November 6

11:30 a.m.

FREE

Member exclusive

Pre-registration required

Meet us at a local restaurant for an afternoon out with great friends! FSS will make reservations and everyone will meet there to enjoy time with others (payment will be on your own). Must be registered to attend due to reservation numbers. This month, lunch will be at The Silos Steakhouse in Gay.

Cornhole

PEACHTREE CITY

Friday, November 7

10:30 a.m. to 11:30 a.m.

FREE

Member exclusive

Pre-registration required

PEACHTREE CITY
Friday, November 21
10:30 a.m. to 11:30 a.m.
FREE
Member exclusive
Pre-registration required

Bring out your competitive side or join us for a little fun and socialization, either way you'll have a blast! Two-time competitive league cornhole champion Denny Danylchak shares his love for the game and brings it to us at Fayette Senior Services. Enjoy time with friends while sharpening your skills and mastering the game of cornhole during these monthly games!

Uncork the Holidays

FAYETTEVILLE
Friday, November 7
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Sip your way into the holiday season with the perfect pour! Join Virgil Fludd, owner and wine connoisseur with Revival Wines and Dessert Bar, for a festive and informative session on choosing the right wines that will make your Thanksgiving and Christmas celebrations extra special. While this isn't a tasting session, you'll get all the insider tips on pairing wines with your holiday meals. From rich reds to sparkling whites, learn which wines pair best with classic holiday dishes and delectable appetizers and desserts. Virgil will also share great options for wine gifts that are sure to impress your friends and family. Whether you're hosting, toasting, or gifting, you'll leave with thoughtful suggestions to make your wine choices shine this season. Raise a glass to a season full of flavor and cheer! If you're cooking a holiday dinner or looking for the perfect bottle to bring to a party, we have you covered with delicious

suggestions and expert advice. No tastings included.

A Cup of Cozy

PEACHTREE CITY
Friday, November 7
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Get ready to cozy up and sip something warm and soothing this winter! Branch and Vine tips their pinkies with us as they bring a delightful tea-tasting experience that's as warm as a hug in a cup! Sample an array of hot black, green, and herbal teas, each with its own unique flavors and health benefits, perfect for boosting your mood and immunity during the holiday season. We'll dive into the rich world of tea, exploring combinations and flavor blends to keep things exciting and refreshing all winter long. Discover new favorites, learn about different tea combinations, and enjoy a relaxing time with friends. Come for the tea, but stay for the fun!

Serving Those Who Served

PEACHTREE CITY
Monday, November 10
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Veterans and their families, this one's for you! Are you or a loved one a veteran who may be in need of home care services now or in the future? Join Beth Dow from Home Helpers Home Care as she shares the many veteran home care benefits available. Learn about the VA Homemaker and Home Health Aide Program as well as the Aid and Attendance benefit. Beth will discuss

how eligible veterans and their families can access essential in-home support to enhance daily living, promote independence, and improve overall quality of life. This guidance for veterans, caregivers, and families will be helpful for those looking for practical advice on navigating these valuable benefits to ensure the best care for those who have served.

Volunteer Open House

FAYETTEVILLE
Tuesday, November 11
2 p.m.
FREE
Members and non-members
No pre-registration required

If you are an FSS volunteer or are interested in becoming one, join us for our monthly meeting! Meet with other volunteers, learn about upcoming events, current volunteer opportunities, and get center news and updates.

The First Feast

PEACHTREE CITY
Wednesday, November 12
2:30 p.m. to 3:30 p.m.
FREE
Members and non-members
Pre-registration required

Thanksgiving is a cherished holiday marked by family gatherings, hearty meals, and shared gratitude. It's a holiday woven with stories from the past and traditions passed down through generations. But how did this beloved tradition begin? History enthusiast Jim Scott explores the origins of Thanksgiving, tracing back to the earliest days of harvest feasts and Native American hospitality, exploring how a simple gathering grew into a national celebration. He uncovers the myths, facts, and evolving traditions that have shaped the holiday over centuries. Join us for a thoughtful journey into the true history of

Thanksgiving and discover the stories behind the feast.

Car Wash

PEACHTREE CITY

Thursday, November 13

9 a.m. to 4 p.m.

\$40

Member exclusive

Pre-registration required

Splish splash your car was taking a bath! Hector Antonio with Roll N' Shine will be on site for your convenience to bring your car in for a wash, inside and out, while you wait comfortably in FSS. Roll N' Shine has the right to turn down cleaning service for extremely dirty interior.

Present Perfect

FAYETTEVILLE

Friday, November 21

10 a.m. to 11 a.m.

FREE

Members and non-members

Pre-registration required

Make your gifts the prettiest packages under the tree this year! Join decorating enthusiast Bethany Vickery for a festive and fun gift wrapping and bow tying class that will take your presents to the next level. Bethany will share creative wrapping ideas and demonstrate how to tie beautiful, professional-looking bows that add the perfect finishing touch. Bring your own wired ribbon and practice alongside her as you learn step-by-step techniques. It won't take long to realize just how easy and fun it can be. Leave feeling inspired and ready to wow your friends and family with your gift-wrapping abilities. Don't miss this chance to add a little extra sparkle and style to your holiday season!

Seize the Clay: Christmas Angel

TWO HANDS

POTTERY STUDIO

Friday, November 14

10 a.m. to 12 p.m.

\$45

Member exclusive

Pre-registration required

Add a heavenly touch to your holiday décor by creating your very own handmade festive Christmas Angel! Join us at Two Hands Pottery Studio (240 Glynn Street, Fayetteville) for a hands-on class where Mary Anne will guide you through the popular slab method in pottery to build and decorate a beautiful, one-of-a-kind angel. As you create this breathtaking piece of pottery, you'll have friendly guidance every step of the way. Whether it's your first time with clay or you're a seasoned maker, you'll leave with a truly special piece. Let your creativity shine and make something magical this season. Registration required by Friday, November 7. Picture sample available at front desk.

1-on-1 Legal Consultations

FAYETTEVILLE

Friday, November 14

11 a.m. to 2 p.m.

FREE

Member exclusive

Pre-registration required

Meet with attorneys from Georgia Legal Services for advice on your non-criminal legal questions. Georgia Legal Services Program offers guidance, advice, and information on how to best handle your legal situation. Come with your questions on basic estate planning, family law matters, housing and contract disputes.

A Donation Worth A Thousand Words

PEACHTREE CITY

Monday, November 17

1:30 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

Charitable giving can be much more than an end-of-year check to your favorite institution, it can be a powerful tool in your financial plan. Join Financial Advisor Brandon Jordan from Arch Advisory Group for an in-depth look at charitable giving strategies that go beyond simple donations. Discover how if structured properly, charitable gifts can provide not only satisfaction in supporting a great cause, but also provide tax and income benefits that can further your personal financial objectives. Brandon will guide you through both simple and more complex giving methods and discuss how different methods of giving provide distinct sets of opportunities - and sometimes drawbacks - so you can better decide whether a creative charitable gift fits in your plan!

In the Fast Lane: EchoPark Speedway Tour

ECHOPARK SPEEDWAY

Tuesday, November 18

10 a.m. to 11 a.m.

\$18

Member exclusive

Pre-registration required

Start your engines for a behind-the-scenes adventure you won't soon forget! Join us for a guided tour of EchoPark Speedway located in Hampton (1500 Tara Place – formerly the Atlanta Motor Speedway). Home to quite the excitement with twice-a-year NASCAR Cup Series action, this track is a bustling center for racing. When the crowds are gone and the engines are quiet, this legendary 1.5 mile track opens its gates for an exclusive look at one of the South's top racing venues. You'll tour a luxury suite, visit the garage, pit

road, infield, and iconic Victory Lane, all while learning about the rich history of the track and the legacy of NASCAR. In addition, buckle up for two exciting laps around the track in their tour van, where you'll feel the thrill of the 28-degree banking. Don't miss your chance to experience the speedway like never before!

And Sew It Begins

FAYETTEVILLE
Tuesday, November 18
11 a.m. to 1 p.m.
FREE
Member exclusive
Pre-registration required

If you've had a button missing for a while or a hole in your favorite shirt, we have just the spot for you! Kelly Farmer joins us to take care of your minor sewing needs such as buttons, holes, hemming, elastic, etc. Materials will be provided, but if you have matching thread or buttons feel free to bring them with you.

The People's Law School

FAYETTEVILLE
Tuesday, November 18
12 p.m. to 1 p.m.
FREE
Members and non-members
Pre-registration required

You won't want to miss out on these monthly information-packed sessions full of valuable guidance! The People's Law School is intended to spread knowledge about the legal field among members of the community. Join us once a month for a knowledgeable speaker on a senior related legal topic. Join Judge Jason B. Thompson and Attorney Jonathan Wade and Leslie Wade with Wade Law Firm as they discuss personal injury and family law.

A Novel Idea Book Club

PEACHTREE CITY

Tuesday, November 18
1:45 p.m.
FREE
Member exclusive
No pre-registration required

November book: *Intermezzo* by Sally Rooney. December book: *Christmas In Plains* by Jimmy Carter. For more information, please contact Heather Martz at hmartz@peachtree-city.org.

Dementia Caregiver Support Group

PEACHTREE CITY
Thursday, November 20
1:30 p.m. to 3 p.m.
FREE
Members and non-members
No pre-registration required

For more information, contact Lynnette Dunn at 404-326-0219 or by email at lynnette.dunn@piedmont.org.

P"age" Turners Book Club

FAYETTEVILLE
Thursday, November 20
1:30 p.m.
FREE
Member exclusive
No pre-registration required

November book: *James* by Percival Everett. December book: *Christmas In Plains* by Jimmy Carter. For more information, please contact Heidi Williams at jmwhome8332@gmail.com.

Peace Through Preparedness

PEACHTREE CITY
Thursday, November 20
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Disasters don't wait, so why should you? Join a member of the American Red Cross for an

important discussion on disaster preparedness. Learn practical steps to stay safe before, during, and after emergencies like storms, power outages, and other unexpected events. This session will cover simple planning strategies, essential items to keep on hand, and how to stay connected when it matters most. Now is the time to be "Red Cross Ready" and confidently be prepared in advance for whatever comes your way.

The Buzz on Bulbs

PEACHTREE CITY
Friday, November 21
1:30 p.m. to 2:30 p.m.
\$8 | Includes materials
Members and non-members
Pre-registration required

Bulbs are the garden's best-kept secret to year-round color! The best part, you can plan and plant now for beautiful blooms later. Kim Toal with the Extension Office teaches us all about bulbs from choosing the right types to planting them at just the right time. Learn how to create vibrant garden displays in both containers and in-ground beds as you get tips on when and how to plant for each blooming season. Get your hands dirty during this hands-on demonstration as we make a small indoor bulb display using a glass jar. This will be perfect for brightening up your space. Kim will also have you feeling inspired with creative ideas for using bulbs in festive holiday décor at home. Pre-registration is required by Wednesday, November 19.

The Guardian Of You

FAYETTEVILLE
Monday, November 24
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Guardian-what? Conservator-who? Legal terms like these can leave you scratching your head when you're faced with them in real life. Attorney Victoria Farrell with Fayette Law Group will walk us through the essentials of guardianship and conservatorship in a clear and practical way. Learn what they are, why they matter, and when you should consider putting them in place. You'll also learn who needs to be involved and the steps required to make the process as smooth as possible. Equip yourself with the knowledge to navigate life's important decisions with confidence.

Trivia

FAYETTEVILLE

Fridays

1:30 p.m. to 3 p.m.

FREE

Member exclusive

No pre-registration required

Host: Linda Abbott

It's not who you know, it's what you know. Join Quiz Queen Linda Abbott for a little friendly competition. Form teams or take 'em on yourself. Answer questions from a variety of categories and test your knowledge.

Dulcimer

FAYETTEVILLE

Wednesday

11 a.m. to 12:30 p.m.

FREE

Member exclusive

No pre-registration required

Join our dulcimer group! This group has been playing together for some time, but always welcomes new people! The dulcimer is a unique string instrument native to the Appalachian region of the United States. This is an open group playing music together. You must have your own dulcimer and know how to read music to join. This is not an instruction-based class, just free time to play music together!

Technology

Computer Technology Assistance

PEACHTREE CITY

Wednesday, November 19

1 p.m. to 4 p.m.

FREE

Member exclusive

Pre-registration required

FAYETTEVILLE

Tuesday, November 25

1 p.m. to 4 p.m.

FREE

Member exclusive

Pre-registration required

Bring in your laptop and questions about your computer for 1-on-1 assistance. Lance Collins with PTC Techs will assist with computer technology troubleshooting, removal of unwanted programs, antivirus prevention, and general questions. This is not a computer tutor class.

Wellness

Massage

FAYETTEVILLE

Tuesday, November 4

10 a.m. to 4 p.m.

\$60 | 1 hour

Member exclusive

Pre-registration required

Masseuse: Tranquil Escape

There are many health benefits to massages including stress reduction, increase in blood flow, improving balance, stimulating the nervous system, helping flexibility, assisting in better sleep, and relieving pain. Treat yourself to a relaxing massage! Enjoy

this FSS exclusive discount by booking through us, but meet at their quiet and calming studio for your appointment – 500 W. Lanier Avenue Suite 602 | Fayetteville, GA 30214.

Eyeglass Repairs and Adjustments

FAYETTEVILLE

Tuesday, November 4

11:30 a.m. to 12:30 p.m.

FREE

Member exclusive

Pre-registration required

Dale Klauss with Compassion 312 will be here to perform minor repairs, adjustments, maintenance, and cleaning of your glasses.

Under Pressure

FAYETTEVILLE

Wednesday, November 5

1:30 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

Your body is talking, are you listening? Our bodies were built to work for us, so why not tap into the built-in tools we already have? Tranquil Escape Massage Therapists Tameca Johnson and Nancy Podovano uncover the power of pressure points and explore the key ones that can help relieve tension, reduce pain, and restore balance naturally. Learn how common issues like muscle tightness, knots, and stress can be signs of deeper imbalances and how activating specific pressure points can bring lasting relief. Tameca will demonstrate how natural techniques can be used to address a wide range of physical and emotional concerns. Whether you're looking to ease everyday aches or support your overall well-being, gain practical insight on how your body holds the key to its own healing!

Memory Screenings

PEACHTREE CITY
Thursday, November 6
1 p.m. to 3 p.m.
FREE
Member Exclusive
Pre-registration required

Dr. Alphonso Martinez and his staff with the Neuropsychology Center will be on site to perform one-on-one memory screenings that are helpful in determining if forgetfulness is more than just normal aging. Immediately following a screening by a staff member, Dr. Martinez will be available for a brief consultation to review the results.

Fork In the Road

FAYETTEVILLE
Monday, November 10
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Eating out doesn't have to derail your healthy eating goals! Join Ebonie Jackson from Humana for practical tips to still enjoy your restaurant experience without feeling guilty about eating unhealthily. Gain insight on how to make nutritious choices while dining at your favorite restaurants. Discuss smart strategies to navigate menus, manage portion sizes, and avoid hidden calories without compromising on flavor or satisfaction. Whether it's selecting healthier options, customizing your meal, or understanding restaurant lingo, Get the tools to make informed decisions every time you eat out. Don't let dining out be a roadblock to your health goals, eating out can still be delicious and nutritious Learn to enjoy meals while staying on track!

Sweet Dreams

PEACHTREE CITY
Tuesday, November 11

2:30 p.m. to 3:30 p.m.
FREE
Members and non-members
Pre-registration required

A good night's rest can make all the difference for your following day and even days to come. Dr. Josh Davis with First Step Physical Therapy shares the health risks associated with poor sleep patterns. Get the scoop on how much sleep you should be getting, the different types and cycles of sleep, as well as good sleeping posture to reduce stress on your body and joints. Leave with the knowledge and tips to better improve your sleep habits.

Harvest Health

FAYETTEVILLE
Wednesday, November 12
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Celebrate the flavors of fall while nourishing your body with seasonal harvest foods! Join Shari Douglas from Southern Grace Hospice for an exciting look into the health benefits of eating seasonal produce. Discover not only how to take advantage of the rich produce of fall, but also how to reduce sodium in your diet. She will share tips on incorporating nutrient-packed autumn foods into your meals while helping you stay healthy as the seasons change. Enjoy a small cooking demonstration with tastings included, where you'll realize how easy it is to prepare delicious, healthy dishes packed full of flavor. Take a bite out of fresh, flavorful fall foods while supporting your wellness goals along the way!

A Sound Bath

PEACHTREE CITY
Friday, November 14

1:30 p.m. to 2:30 p.m.
FREE
Member exclusive
Pre-registration required

Relaxation can be a key component to the healing process no matter if it is physical, mental or emotional. Lei Rhyne with Healing Through Art & Sound takes us on a journey of healing through the unique process of a sound bath which aids in the relaxation process. This technique involves lying down and immersing yourself in resonant sounds around you. These sounds are produced through a combination of singing bowls, gongs and chimes. This meditative practice can help lessen stress and anxiety, boost mood, enhance concentration and induce a calming effect that may enhance your wellbeing and quality of sleep. Take part in this innovative way of healing as you decompress in this session of relaxation and meditation that will have you feeling refreshed. She will have mats, pillows and blankets to use during the session.

The PT Playbook

FAYETTEVILLE
Monday, November 17
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Physical therapy is one of the most effective ways to recover from injury, reduce pain, and improve mobility—but how does it really work? Daniel Draper from First Step Physical Therapy will break down the differences in training, philosophy, and the holistic approach behind physical therapy, and explain why it plays such a crucial role in your healthcare journey. By understanding these differences, you'll gain a better appreciation on how physical therapy can not only address

pain but also prevent injuries and improve your overall quality of life. Whether you're recovering from an injury or just aiming to stay healthy, you'll feel encouraged to make informed decisions about your therapy options and embrace the full benefits that physical therapy has to offer.

Gotta Hand It To You: Hand Massages

FAYETTEVILLE
Wednesday, November 19
9 a.m. to 12 p.m.
FREE
Member exclusive
Pre-registration required

Sit back and relax as certified massage therapist Ange Maihorn provides a focused hand and arm massage. This human hand connection will not only help relieve tension and stress, but will concentrate on muscle and lymphatic areas in your arm and on your hand. Research has shown that there are many health benefits to massages, and hand massage is no exception. Having this done not only feels great, but can help ease muscle tension, relieve stress, and reduce pain. Enjoy a relaxing 15-minute session with Ange and see the results for yourself!

Hearing Aid Cleanings & Maintenance

FAYETTEVILLE
Wednesday, November 19
11:30 a.m. to 12:30 p.m.
FREE
Member exclusive
Pre-registration required

Hearing Life Center will be on site to clean hearing aids and perform minor, basic maintenance you may need.

Stretch Your Limits

FAYETTEVILLE

Wednesday, November 19
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Flexibility isn't just for young active people. In fact, it's essential for everyone, and even more so as we age. Piedmont Wellness Center explores how improving and maintaining flexibility can not only reduce the risk of injury and enhance balance but also support better posture and help with movement. Many people wonder if it's possible to become more flexible later in life, and the answer is a resounding YES! You'll discover that it's absolutely possible to become more flexible at any age with the right approach. Get guidance on simple, effective stretches and movement exercises designed to keep your body mobile, strong, and pain-free. With just a few minutes a day, you can make a big difference in how you move and feel!

Yule Be Healthy

FAYETTEVILLE
Thursday, November 20
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

The holidays may be filled with comforting, indulgent foods, but that doesn't mean they have to be unhealthy! As the holidays are approaching, we all crave the traditional comfort food dishes. Join certified health coach and licensed insurance broker Jennifer Lunsford as she shares simple ways to make your favorite holiday dishes healthier without losing the rich flavors we all love. From creamy soups to cozy casseroles, discover easy ways to lighten up classic recipes without sacrificing taste. Learn easy swaps to enjoy the holiday season without the extra calories. Receive recipes and handouts to

help you recreate these healthier versions at home. Get ready to enjoy a festive, flavorful, and guilt-free holiday!

On the Move: Functional Movement Assessments

FAYETTEVILLE
Friday, November 21
2 p.m. to 3:30 p.m.
FREE
Member exclusive
Pre-registration required

Our daily movements come naturally and without a thought in the world, like second nature. However, as we age, those movements can become more difficult. The team of physical and occupational therapists at Bench Mark Physical Therapy performs one-on-one functional movement assessments to help us determine areas for improvement and provide exercises to assist in making us stronger and more mobile. Functional movement is defined as a movement sequence based on real-world situations such as standing, sitting and lifting. These are performed throughout your day on a regular basis. Determine your potential risk of injury and gain insight on ways to improve your movements to feel better, stronger and become even more mobile.

Discovering Your Why

PEACHTREE CITY
Monday, November 24
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Just like sea glass, our purpose may shift with time, but it can become even more beautiful along the way! Join Sea Glass Therapy for an inspiring and reflective look into finding and embracing our purpose in every stage of life. Transitioning into any new phase of life can be a

challenge, but finding the good in all times is key. As we grow older, our sense of purpose may evolve, and sometimes it may feel unclear or even lost. This thoughtful discussion will explore how to reconnect with meaning, live intentionally, and continue building a legacy that reflects who you truly are. Through open conversation and guided reflection, we'll take a look at what it means to live each day with intention and joy.

Joint Venture

FAYETTEVILLE

Tuesday, November 25

1:30 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

Stiff, aching joints don't have to slow you down! Join Dr. Shivam Desai with Georgia Bone and Joint to discover all you

need to know about joint health and treatment options. Learn when it may be time to consider joint replacement surgery and what total joint options are available. Dr. Desai will also review non-operative medical treatments, including different types of injections that may help relieve pain. Discover the latest advances in joint replacement technology, as well as outpatient joint replacement procedures designed for rapid recovery. Gain insight to help you move easier, recover faster, and get back to doing what you love.

The Sniffle Shield

PEACHTREE CITY

Tuesday, November 25

2:30 p.m. to 3:30 p.m.

FREE

Members and non-members

Pre-registration required

Keep the sniffles off your guest

list this holiday season! Join nutritionist Andrea Bauer with Smart and Simple Nutrition to gain insight on the best practices for building immune-boosting habits to help you stay strong and healthy through the winter months. Learn which foods are rich in vitamin C, zinc, and protein that give your immune system the biggest boost, plus how sleep, hydration, and stress management play a vital role in staying well. Andrea will also share simple holiday pantry swaps to upgrade in your home that help strengthen your immunity all season long. If you're traveling, hosting gatherings, or just trying to stay well through the winter rush, these practical tips will help you feel your best. Power up your immune system—one healthy habit at a time!

Look What's Coming in December!

The 12 Sprays of Christmas

PEACHTREE CITY

Monday, December 1

10 a.m. to 11 a.m. | \$15

Pre-registration required

Keep your homes fresh with holiday scents as you create your own natural air fresheners using essential oils! Choose from 12 different scents to make your favorite 3 sprays to take home.

The Holiday Gift Guide

FAYETTEVILLE

Wednesday, December 3

1:30 p.m. to 2:30 p.m. | FREE

Pre-registration required

'Tis the season for gift giving! Get ideas for fun and exciting gifts to give to a variety of people on your holiday list while discovering some of the best places to shop for them.

Sing In the Holidays

PEACHTREE CITY

Wednesday, December 3

10:30 a.m. to 11:30 a.m. | FREE

Pre-registration required

Sing in the holidays with the legendary sounds and beautiful voices of the NoteWorthys group as they perform holiday themed songs that will have you starting the holidays on a high note!

Wrapped In Tradition

FAYETTEVILLE

Thursday, December 4

1 p.m. to 2 p.m. | FREE

Pre-registration required

Be reminded of the true reason for the season as you learn and reminisce about some of the biggest Christmas traditions and where they come from. Discover the history of the Christmas season.

Registration will be available when the December newsletter comes out on Thursday, November 20th!

Thank you to our
Under the Harvest
Moon event sponsors!

Mark Gray, Agent
770-487-8561



Humana



2026 Sponsorships Now Available!

Contact Morgan Lanier at
mlanier@fayss.org or 770-769-8430
for more information



SPONSORS

FAYETTE SENIOR SERVICES
Life Enrichment Center
Making Life Better

Have Medicare Questions? I'm here to help.



Ebonie Jackson

770-628-6719

(TTY: 711)

AJACKSON199@HUMANA.COM

ALABAMA | WEST & CENTRAL GEORGIA

Humana

Y8048_GH00VSEN TBV1_21_C

Real support. Real answers.

Let's talk when you're ready.



Your Hometown Choice!



My campaign is built on the important issues in PTC...

- ✓ Cut taxes – full rollback of millage rate
- ✓ Improve infrastructure and repaving of cart paths
- ✓ Improve traffic conditions
(by leveraging my strong relationships with regional and state leaders)
- ✓ Enhance recreation amenities and community events
- ✓ Eliminate time constraints for public comment at city council meetings
- ✓ Fully support public safety and put a stop to cryptocurrency scams targeting seniors
- ✓ No apartments or rezoning commercial/industrial for residential developments
- ✓ Introduce a city-run yard debris pick up program
- ✓ A voice for taxpayers -- not political alliances



Please VOTE on November 4th
Early voting starts October 14 at PTC library

Michael4PTC.com

 Michael Polacek for Peachtree City Council

404-966-0807

paid for by Elect Michael Polacek for PTC Council

2025 PROJECT ∞ LOVE

**It's More than a Simple Meal.
Together We Can End Senior Hunger.**



**Help us reach our goal of raising \$50,000 to
help support Meals On Wheels in 2026!**

Make a difference in the life of a senior this year
by giving a gift that may be outside the box!

For a donation as little as \$5, you can provide one holiday or weekend meal to a Meals On Wheels recipient. Spread the cheer by making a generous contribution. For more information or to make a donation, please visit the front desk at either location or call 770-461-0813.

The Project Love campaign provides additional funding to deliver holiday, weekend, and doctor prescribed meals that FSS' annual MOW funding does not cover. Together, we can end senior hunger!



**Scan QR Code for
online donation**

Fayette Senior Services
Making Life Better™