

January 2026

ENRICHMENT

THE INSIDER'S GUIDE TO FAYETTE SENIOR SERVICES LIFE ENRICHMENT CENTER
FAYETTEVILLE | PEACHTREE CITY

The Secret Is Out

Raise a glass and step into our speakeasy, where swinging jazz and prohibition-era charm make it a night worth keeping under wraps!

The Fit Bet

Put your goals to the test and bet on yourself! Lose inches, win prizes and make those New Year's resolutions stick this time.

Chili Spin

This cream cheese chicken chili is comfort in a bowl. Creamy, hearty, and full of flavor that is perfect for a chilly night ahead.

Live Well. Age Well.



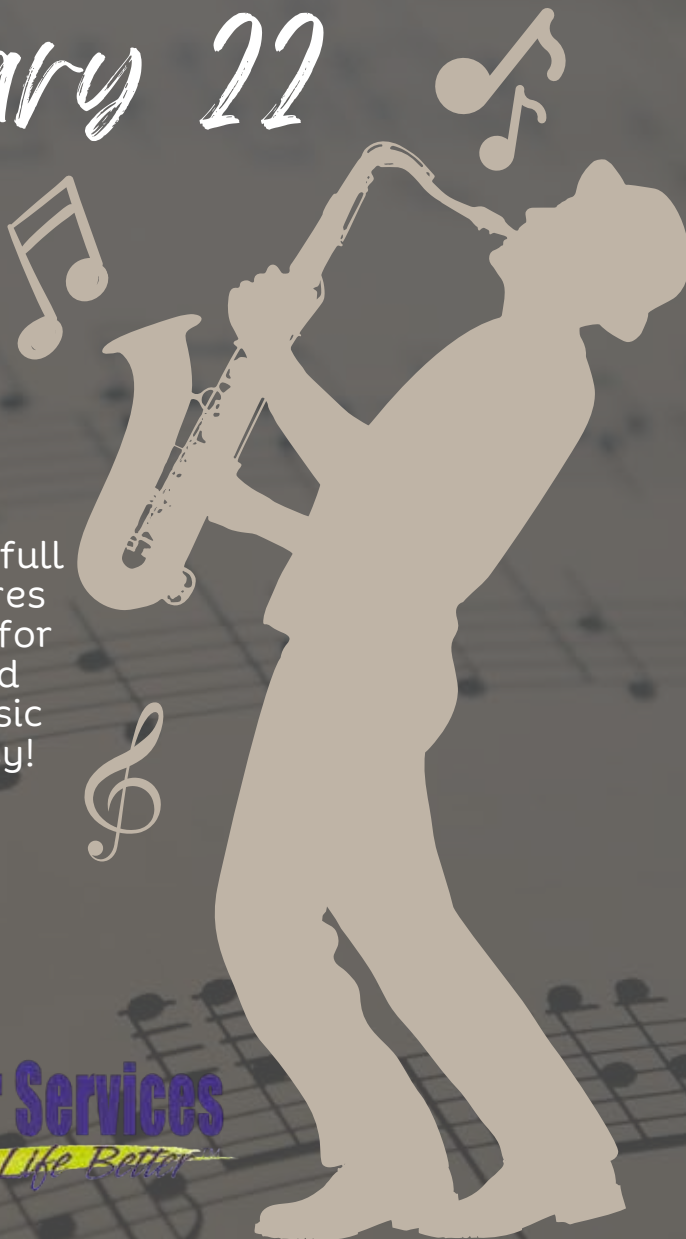
A Night at the *Speakeasy*



Thursday, January 22

Fayetteville
4:30 p.m. to 6:30 p.m.
Tickets | \$15

Join us for a wonderful and exciting evening full of delicious Speakeasy inspired hors d'oeuvres and spirits! Help us uncork the wine bottles for an exciting social event as we swirl, sip and snack the evening away. Enjoy live Jazz music by SAE Entertainment at the FSS Speakeasy!



Event Sponsored By



SimplyAwesomeEntertainment.com

2 | January 2026

Fayette Senior Services
Making Life Better

770-461-0813 | FAYSS.ORG

January

featured

Delivering With Heart 10

Meet MOW volunteer Jane Melton, whose kindness and dedication bring comfort and a little extra cheer to every neighbor she serves!

A Cheesy Twist on Chili 11

Warm up this winter with a creamy, comforting chicken chili that's rich, cheesy and full of flavor! One pot full of endless cozy vibes.

Flappers and Fedoras 15

Slip through the secret door and into a night of jazz, where the food is decadent, the drinks flow freely, and every moment is the cat's pajamas.

Wager On Wellness 15

Ready to turn your New Year's resolutions into rewards? Set your goals and bet on yourself for a chance to win big while getting healthy.

2026 HOLIDAY CLOSINGS

New Year's Day.....	January 1, 2026
MLK, Jr. Day.....	January 19, 2026
President's Day.....	February 16, 2026
Annual Training.....	April 21, 2026
Memorial Day.....	May 25, 2026
Juneteenth.....	June 19, 2026
Independence Day.....	July 3, 2026
Labor Day.....	September 7, 2026
Thanksgiving.....	November 26, 2026
Thanksgiving.....	November 27, 2026
Holidays.....	December 21, 2026
Holidays	December 22, 2026
Holidays	December 23, 2026
Christmas	December 24, 2026
Christmas	December 25, 2026

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ABOUT US

Since 1978, Fayette Senior Services, Inc., (FSS) an independent, nonprofit, 501(c)(3) organization, has been providing a wide array of life enriching services to Fayette County residents age 50 and better. Fayette County, Georgia, is home to one of the fastest growing senior populations in metro Atlanta – and the age 50+ population segment is projected to grow an astonishing 450% by 2040. This statistic alone makes our mission — to make a meaningful difference in the emotional, social, and physical well-being of older adults — all the more critical. By fostering independence, improving quality of life, and enhancing the community connection, the programs and services we provide are an essential part of our community.

Not-for-profit FSS enjoys a unique public/private partnership with Fayette County government. Through this agreement we provide a variety of supportive services such as Meals On Wheels, Transportation, In-home Personal Care/ Homemaker Services, Care Management, Information Assistance, and more. We could not do that without our government partners; however, we believe it is our responsibility to complement the public support to ensure we can continue serving Fayette's seniors for generations to come. Therefore, we feel it's important to note that less than half of our revenue comes from sources like the federal, state, and local governments.

Fayette Senior Services is recognized as a model of sustainability and social entrepreneurship among peer organizations and non-government funders. Although we are proud of this recognition, we could not do all that we do without the support from charitable donors, center members, volunteers, grantees, and the community that so generously supports our fundraising efforts.

The aging transition can be paved with a broad spectrum of challenges. However, it can also prove to be rich with opportunities. The key to “aging well” is knowledge. When it comes to addressing those unique needs, Fayette Senior Services Life Enrichment Center is the one-stop shop for empowering older adults to live well and age well.

Our Life Enrichment Centers in Fayetteville and Peachtree City are uniquely different from traditional senior centers. Our beautiful facilities are a vibrant place where adults age 50+ come to socialize with friends, enjoy a great meal in our Ultimate Café, re-energize their bodies, exercise their minds, and lift their spirits.

To make sure our programs and activities are within easy reach to more seniors, we are proud to have established a community partnership with the city of Peachtree City. We also offer many programs and activities in Peachtree City at the Gathering Place (next to “The Fred” Amphitheater).

We are proud to be making life better in our community!
The Fayette Senior Services Staff

Members can enjoy Fayette Senior Services Life Enrichment Center activities in two great locations. Membership includes both of our locations and we encourage everyone to take advantage of all we have to offer at each place!

Fayetteville Location:

4 Center Drive
Fayetteville, GA 30214
Phone: 770-461-0813
Fax: 770-461-2448
M-F 7:30 a.m. to 4 p.m.
(Same complex as the Fayette County Justice Center)

Peachtree City Location

The Gathering Place:

203 McIntosh Trail
Peachtree City, GA 30269
Phone: 770-461-0813
M-F 8:30 a.m. to 4 p.m.
(Same complex as the Frederick Brown Jr. Amphitheater)

Visit us at our website:

www.fayss.org

BOARD OF DIRECTORS

CHAIRMAN | Dan Vano

VICE CHAIRMAN | Stephen Childs

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SECRETARY | Martha Teal

DIRECTOR | Rev. B.A. Jackson

DIRECTOR | Bob Reeves

DIRECTOR | Carol Davis

DIRECTOR | Donnie Davis

DIRECTOR | Paige Muh

DIRECTOR | Bubba Ruppe

DIRECTOR | Lynn Black

DIRECTOR | Christy Dunkelberger

When You Need a Little Help From Some Friends...

We offer supportive services that make a meaningful difference in the emotional, social, and physical well-being of older adults by preserving their independence, improving their quality of life, and connecting them to the community.

Meals On Wheels

Meals on Wheels is a needs-based program for homebound or semi-homebound seniors who are unable to provide themselves with regular nutritious meals due to physical or financial challenges. The service also connects homebound seniors to the community through daily social contact, which also helps to ensure their well-being.

AniMeals

To many homebound seniors, having a pet is a source of companionship and comfort. The AniMeals™ program is designed to give our Meals On Wheels clients a little help with the cost of pet food to make sure that maintaining that important bond isn't an added burden.

STAR Program (Seniors Together After Retirement)

Our STAR program offers individuals 60 and older an opportunity to come together for socialization, recreational activities, health and wellness classes, and a nutritious meal in our Ultimate Cafe. Transportation to and from the Center may also be available to eligible participants.

Transportation

For older adults who no longer drive, getting to essential medical appointments, to the pharmacy, to church or to the grocery store can be a challenge putting their health and well-being at risk. We provide safe and affordable door-to-door transportation options. Wheelchair assistance available.

In-Home Personal Care/ Homemaker Services

This service enables older adults to

Eligibility requirements apply for some programs. Some services may be provided free of charge or based on a sliding scale of income. Tax deductible donations welcome for services. Contact us at 770-461-0813 for more information.



remain living independently by providing compassionate care from trained personnel who perform simple homemaker and/or personal care tasks, such as light housekeeping or assistance with bathing. Delivered with the utmost personal respect and dignity, our services can also bring much needed respite to caregivers.

Care Management

Our professional staff of social workers helps older adults make informed decisions to enhance independent living and quality of life. Our Care Managers offer consultations, assessments, and follow-up to assist individuals and families in planning and care. We also provide invaluable support to caregivers.

Medical Equipment Lending

We lend gently-used medical equipment to individuals, families and caregivers. Equipment is loaned on a first-come first served basis.



Meet Our Staff!

ADMINISTRATION

Nancy Meaders
President & CEO

Dan Gibbs
Director of Operations

Morgan Lanier
Program Development
Coordinator

Deana Wright
PTC Center Coordinator

Marilyn Walker
Member Services PTC

Paul Hives
Technology Development

Amber Oliver
Center & Volunteer
Coordinator

Simone Gordon
Finance Officer

THE ULTIMATE CAFÉ

Michelle Clanton
Kitchen Manager

Pedro Cruz
Sous Chef

Arnold Powell
Café Assistant

Kristie Weaver
Café Assistant

Owen Daniel
Café Assistant

MEALS ON WHEELS

Stevie Coachman
Meals On Wheels
Coordinator

Jane Rode
MOW Delivery Driver

Judy Sieman
MOW Delivery Specialist

CARE MANAGEMENT

Kelly Rigsby
Care Manager

Angie Hotard
Care Administrator

TRANSPORTATION

Jeff Wix
Transportation Manager

Adrienne Bellantoni
Transportation Coordinator

Roger Grandt
Driver

Dennis Duke
Driver

Harold Gunnin Jr.
Driver

Cheryl Hembree
Driver

Terry Billingsley
Driver

Paula Byram
Driver

Laurie Brasher
Driver

Alan Simmons
Driver

Charlie Hawkins
Driver

Donna Johnson
Driver

Michael Dixon
Driver

John Felbinger
Driver

Martin Anderson
Driver

Danny Tallent
Driver

Chris Clanton
Driver

Kim Oliveira
Driver

Willie Copeland
Driver

Glenn Murph
Driver

Jason Sherman
Driver

Tom Kirby
Driver

Bill Miller
Driver

Victoria Charles
Driver



Membership

Our nominal annual membership fee helps Fayette Senior Services (FSS), a non-profit 501(c)(3) organization, sustain its operations, programs and services in order for us to maintain our beautiful facilities and continue to offer great programs and café services at a great value to our members. For more information about FSS, please contact the center administrator.

Membership Dues: \$30 for Fayette County residents (\$90/out-of-county)*. Membership applications **must be made in person** and are available at the reception desk in both FSS locations. **We regret that we cannot accept mail-in applications. Photo ID/Proof of residency required.**

Volunteers are eligible for a FREE membership after 75 hours of service per 12 months. Fayette Senior Services accepts VISA, MASTERCARD and DISCOVER cards.

*No one is excluded for inability to pay. Complimentary memberships can be arranged with a care manager. Please call to discuss with a care manager. They can be reached at 770-461-0813 for more information or to arrange for a confidential meeting.

As we create more opportunities to enrich the lives of older adults in the community, your rewards of being a Fayette Senior Services Member grow as we do. Your membership will be honored at both our Fayetteville

Advertising Information. We appreciate the support from our advertisers, which helps defray the cost of printing our newsletter. For information about FSS advertising and other sponsorship opportunities, please contact Morgan Lanier at 770-461-0813 or mlanier@fayss.org. *The appearance of advertising in Fayette Senior Services, Inc. newsletter, website, classes, programs, or other promotional materials is neither a guarantee nor an endorsement by Fayette Senior Services, Inc. of the product, service, or company or the claims made for the product in such advertising.

Membership Has Its Rewards

Just show your FSS membership card at these retailers and receive discounts:

The Art of Landscaping

1120 GA-85 in Fayetteville | (770) 461-4860

Receive a 15% discount on purchase when you show a valid membership card.

TRINITY Services of Georgia, Inc

Electrical contractor/Low-Voltage Contractor

Ben Miller | (770) 402-0181

Helping to meet your residential, industrial and commercial electrical needs. 10% off all parts involved with service work with valid FSS membership card.

Above & Beyond Pest Management

(770) 487-9506

Receive 10% off all services from this company with a valid membership card.

TCBY

532 Crosstown Drive in Peachtree City.

(770) 631-9803

10% off your purchases when you show a valid FSS membership card.

Jolly Technologies

(678) 653-5169

Receive \$10 discount/hour (total: \$65/hour) off services for computer maintenance when you show a valid FSS membership card.

Pristine Touch Cleaning

470-580-0025

Receive a 10% discount on cleanings when you show a valid FSS membership card.. Price varies based on square footage and cleaning needs. Free quotes.

Visiting Guests

We welcome guests to our center, but ask that they check in at the reception desk so we can provide a tour and answer questions about membership opportunities. While guests may attend non-member indicated programs, we ask that they join as a member to participate in member based programs. Guest visits are not a substitute for membership, so guests may not participate in member exclusive programs. We welcome groups to visit our center for a tour, but to better serve you, please call 770-461-0813 in advance to schedule one.

The Fitness Center

- Fayetteville -

Monday-Friday

7:30 a.m. to 4 p.m.

The fitness center is open to members for only \$10 per month. Our fitness center is a great place to get fit, enjoy friends & maintain a healthy lifestyle. Take a one time orientation to learn about the equipment.

The Ultimate Café

- Fayetteville -

The Ultimate Café is member exclusive. It's one of the many benefits of membership! Members may bring guests to the café, but we ask that all guests sign in at the café register. Guest visits are not a substitute for membership. If a member-eligible guest has more than two visits to the café, we ask they become a member to continue enjoying the amenities.

Breakfast

Monday through Friday

8:30 a.m. to 10 a.m.

Hot breakfast item served every day

Enjoy a choice of continental breakfast items

(cereal, muffins, bagels, fruit, juice, milk).

Pricing is á la carte, plus tax.

Coffee and tea are complimentary.

Lunch

Monday through Friday

11:15 a.m. to 1 p.m.

Choose from two chef-prepared hot entrees, side dishes, soup du jour, small garden-fresh salad, choice of desserts or fruit. Pricing is á la carte, plus tax. Beverages are included with any meal purchase (iced tea, coffee, and water).

Coming Soon...

February 2026

The Laugh Track Comedy Night

Fayetteville | Thursday, February 19
5:30 p.m. to 7:30 p.m. | \$20

*A night of laughter awaits as a hilarious comedian brings his talents live to us at FSS! Enjoy a delicious dinner before relishing in some family-friendly humor for a lighthearted evening full of fun. *Tickets go on sale Monday, December 15th.*

March 2026

St. Patrick's Day Celebration

Peachtree City | Tuesday, March 17
5 p.m. to 8 p.m. | \$20

*Top of the morning to ya! Share some Irish Luck at this St. Patrick's Day event. It will leave all who don't attend green with envy. Enjoy live music and a traditional Irish dinner. *Tickets go on sale Tuesday, January 20th.*

April 2026

Sounds of Spring: Outdoor Concert

Fayetteville | Thursday, April 23
5:30 p.m. to 7:30 p.m. | \$20

*Enjoy a relaxing evening of dinner and music as the Southern Crescent Chorale performs a collection of their most beautiful pieces. Bring a chair, settle onto the lawn, and enjoy live music alongside a delicious dinner in a beautiful outdoor setting. *Tickets go on sale Friday, February 20th.*

**All events are subject to change in date/time.
Stay tuned for more details!*

FAYETTE SENIOR SERVICES



WEIGHT LOSS CHALLENGE

'Bet' on yourself in the new year!

More details are available at the front desk!

Start date: Tuesday, January 6th | 11 a.m. to 11:45 a.m.

- Initial weigh in and program details
- Gym orientation for group participants who have not taken it before

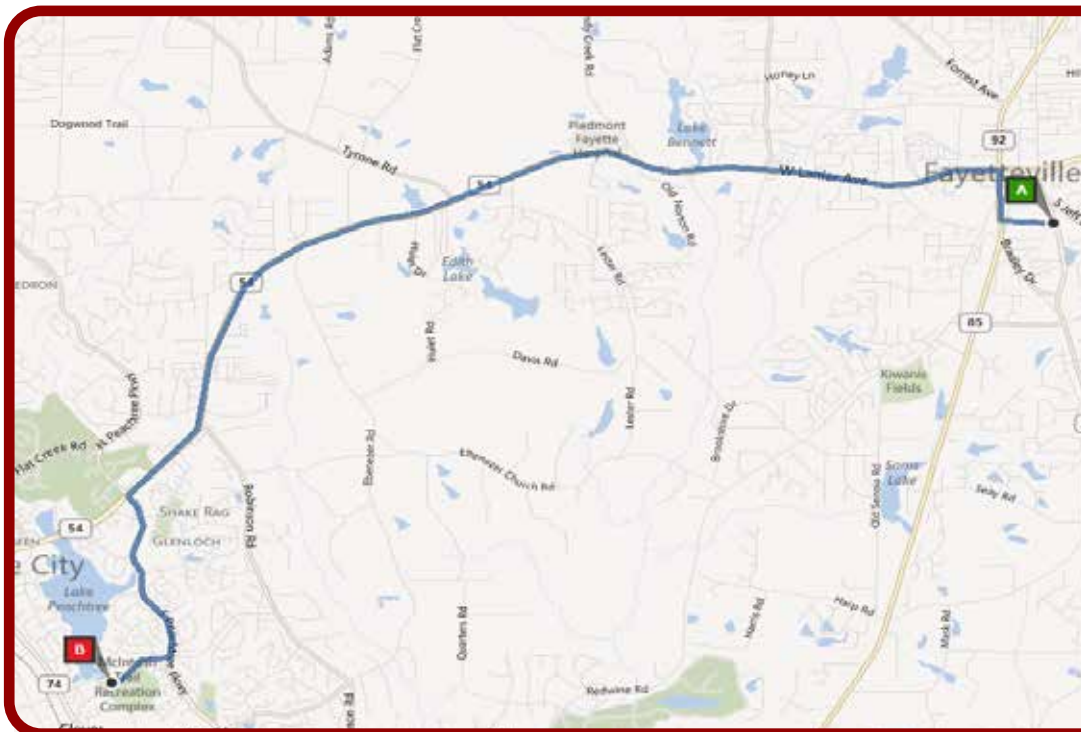
End date: Tuesday, February 10th | 11 a.m. to 11:45 a.m.

- Final weigh in and prizes awarded

This program is \$35 and is member exclusive.

Need Directions?

How to get from FSS Fayetteville to FSS Peachtree City.



1. Head west on Center Drive towards GA-85/ Glynn Street S.

3. Continue Straight onto Melear Way.

3. Turn Right onto GA-85/ Glynn Street S.

4. Turn left onto GA-54 S/E Lanier Ave.

5. Turn left onto S. Peachtree Parkway

6. Turn right onto McIntosh Trail

Destination will be on the left

Miriam's Fitness Corner

GIVE ME STRENGTH

As we age, maintaining a healthy and active lifestyle becomes exceedingly important for overall well-being. While cardiovascular exercise is frequently emphasized, strength training is just as crucial for seniors, with numerous physical and mental benefits.

Physical Benefits:

- Improved muscle mass and strength: As we age, muscle mass naturally declines, but strength training helps to preserve and even increase muscle mass, improving overall strength and mobility.
- Better balance and coordination: Strength training helps improve balance and coordination, reducing the risk of falls and injuries.
- Increased bone density: Regular strength training help maintain or increase bone density, reducing the risk of osteoporosis and fractures.

Mental Benefits:

- Improved mood: Exercise releases endorphins, which help improve mood and reduce symptoms of depression and anxiety.
- Increased cognitive function: Studies have shown that strength training improves cognitive function in seniors, reducing the risk of dementia and Alzheimer's.
- Increased self-confidence: Regular exercise can help improve body image and boost self-confidence.

Incorporating Strength Training into Your Routine:

- Ease in: Begin with light weights and gradually increase the intensity, frequency and duration of your workouts.
- Use proper form: Make sure to use proper form and technique to avoid injury.
- Buddy up: Consider teaming up with a small group personal trainer or join a group exercise class to establish consistency and accountability in a fun workout environment.

The bottom line is, strength training is a vital component of healthy aging, offering countless physical and mental benefits for seniors. By incorporating it into your routine, you can improve overall well-being and enjoy a more active and independent life.

2025 PROJECT ∞ LOVE

**It's More than a Simple Meal.
Together We Can End Senior Hunger.**

Make a difference in the life of a senior this year by
giving a gift a little outside the box!

For a donation as little as \$5, you can provide one weekend or holiday meal to a Meals On Wheels recipient. Spread the cheer by making a generous contribution. For more information, please visit the front desk at either location or call 770-461-0813.



Scan QR Code for
online donation

Fayette Senior Services
Making Life Better

Dear Volunteer, You Make a Difference!

Ring in the New Year with a Volunteer Cheer

Written By: Amber Oliver



There's no better way to ring in the New Year than by celebrating the volunteers whose kindness and dedication brighten our community. This month, we are grateful to shine a light on Meals On Wheels volunteer Jane Melton, whose compassion and steady dedication bring comfort, and a little extra warmth, to every neighbor she serves!

Jane grew up in Lineville, Alabama, the only child of two dedicated educators. Her mother was a 2nd grade teacher and her father was equal parts teacher and cowboy - teaching junior high math and science while also running a cattle farm! Childhood for Jane was full of outdoor adventures with her cousins: building forts in the woods, picking blackberries, and riding bikes to their grandparents' house.

She attended school in Lineville, Alabama before heading off to Auburn University. Before she left for college, Jane launched her first entrepreneurial venture - baking and selling homemade cakes. One Christmas season she even sold 15 cakes! She saved her earnings and proudly used them to buy her wardrobe to begin college. At the beginning of her sophomore year at Auburn, Jane met her future husband, Terry Melton, on a blind date. They married in 1971 and have been married for 54 years. They

raised two sons and have lived in Fayetteville for 42 years. Jane is also a doting "grand-dog mom" to Stella, who at 9 months old is an energetic 71-pound German Shepherd puppy.

Following in her parents' footsteps, Jane spent 31 years teaching, retiring in 2012. These days, she enjoys tending her rose garden, working in the yard, and taking long road trips with Terry, often heading west for new adventures.

Her journey with Meals on Wheels began thanks to her friends from church, Lewis and Carol Gregg, who shared their own MOW volunteer experiences and encouraged her to join. Nine years later, Jane continues to serve faithfully and joyfully. Meals on Wheels Coordinator, Stevie Coachman, says Jane is a wonderful volunteer who is always dependable and so loved by the seniors she delivers meals to. Jane says she loves getting out, meeting people, and helping those in our community. As a dog lover, she especially enjoys our AniMeals program, calling it the best of both worlds - delivering food for both people and their pets!

Just For Fun Facts:

- Cartoon character she'd love to hang out with: Mickey Mouse! She loves visiting Disney World!
- Song she could listen to forever: She simply can't choose just one, but her top picks are "Goodness of God" by CeCe Winans and "Here Comes the Sun" by The Beatles.
- Fun fact: Jane and Terry used to be avid square dancers! They were members of the Log Cabin Squares and attended weekly dances in the old American Legion cabin here in Fayetteville.

We are so thankful for wonderful volunteers like Jane Melton, who bring heart, kindness, and dedication to every delivery. Thank you, Jane, for making a difference for both people and pets in our community!



2026 Volunteer Sponsor
Attorney David R. Moore
www.peachtreelawgroup.com
770-487-0202

From Our Kitchen To Yours

Cream Cheese Chicken Chili

Enjoy this delicious recipe to try at home from the kitchen of the Fayette Senior Services' family!



Photo via Sweet Pea's Kitchen

Ingredients

- 30 oz boneless, skinless chicken breast (3-4 chicken breasts)
- 1 can super sweet cut corn, undrained
- 1 can Rotel, undrained
- 1 can black beans, rinsed and drained
- 1 Tbsp cumin
- 1 tsp chili powder
- 1 package ranch dressing mix
- 1 8 oz package light cream cheese

Directions

- Place chicken in the bottom of a crock pot
- Pour the whole can of corn, tomatoes, and black beans on top
- Cover with seasonings and ranch mix and stir together
- Place cream cheese on top
- Cover with lid and cook on low for 6-8 hrs
- Use 2 forks to shred the chicken and stir it all together
- Serves well with chips or as quesadillas

Enjoy!

Join us in the Ultimate Cafe in Fayetteville!

Breakfast:

Monday through Friday 8:30 a.m. to 10 a.m.
Hot breakfast item served each day
(a la carte pricing plus tax)

Lunch:

Monday through Friday
11:15 a.m. to 1 p.m.
(a la carte pricing plus tax)



MEMBERS CAN ENJOY FREE ACTIVITIES EVERY DAY.

As a member, there are many membership benefits available to you, including a variety of FREE activities...every day! Not big on classes or group activities? No problem! Many members enjoy the use of both Fayetteville and Peachtree City locations to relax, read a book, meet friends, or just grab a cup of coffee. In addition, we always have a schedule of free programs on the calendar (see our monthly events section). It pays to be a member!

IMPORTANT INFORMATION TO FITNESS STUDENTS

Some fitness classes are free to center members while some have a fee. We also have a fitness center housing many workout machines and equipment, however, an orientation must be done prior to starting. *Please check with your doctor before starting any new fitness program. "We Card!" Please help us preserve your member benefits...be prepared to show your member ID card when asked. Thank you.

Free in Fayetteville

Mondays

Sit and Get Fit:

10 a.m. to 10:40 a.m.

Canasta:

8 a.m. to 3 p.m.

Regular and Hand & Foot

Blood Pressure Check:

12 p.m. to 1 p.m.

Mexican Train**Dominoes:**

12:30 p.m. to 3 p.m.

Sit and Stitch:

1 p.m. to 4 p.m.

Chess Club:

1:30 p.m. to 3 p.m.

Bid Whist:

1:30 p.m. to 4 p.m.

Tuesdays

Pinochle:

9 a.m. to 12 p.m.

Scrabble:

1 p.m. to 4 p.m.

Tuesday Bridge Club:

1:30 p.m. to 4 p.m.

Wednesdays

Sit and Get Fit:

10 a.m. to 10:40 a.m.

Canasta:

8 a.m. to 3 p.m.

Blood Pressure Check:

10 a.m. to 12 p.m.

Rummikub:

12:30 p.m. to 3 p.m.

Thursdays

Blood Pressure Check:

10:30 a.m. to 12 p.m.

Bunco:

1 p.m. to 3:30 p.m.

Fridays

Pinochle:

9 a.m. to 12 p.m.

Sit and Get Fit:

10 a.m. to 10:40 a.m.

Canasta:

8:30 a.m. to 3 p.m.

Game Day:

12 p.m. to 3 p.m.

Bring your favorite game to share and play with others around the center

Mexican Train**Dominoes:**

12:30 p.m. to 3 p.m.

Scrabble:

1 p.m. to 4 p.m.

Bid Whist:

1:30 p.m. to 4 p.m.

Calling all pool sharks!

Practice your skills and have fun playing billiards. Join this fun group of friends who have made the pool room their second home! Enjoy some friendly competition and banter any day of the week during our regular business hours.

Men & women welcome!

Free in Peachtree City

The Gathering Place location in Peachtree City has a room located in the building right next door to it. Some classes are held in that room throughout the week. Please call 770-461-0813 to check or stop by the front desk and we will point you in the right direction.

Mondays

Morning Stretch:

9 a.m. to 10 a.m.

Blood Pressure Checks:

9:45 a.m. to 10:30 a.m.

Intermediate Social

Bridge Free Play:

12 p.m. to 4 p.m.

Canasta:

12:30 p.m. to 4 p.m.

Tuesdays

Chinese Mahjong:

1 p.m. to 4 p.m.

This different variation to American Mahjong is less challenging but just as fun! The group will teach you to play if you are unfamiliar with the game.

Bingo Bash:

3rd Tuesday of month

2 p.m. to 4 p.m.

Wednesdays

Morning Stretch:

9 a.m. to 10 a.m.

Marathon Bridge:

2nd Wednesday of month

10 a.m. to 2 p.m.

Social Duplicate Bridge:

Wednesday (does not meet

2nd Wednesday of month)

10 a.m. to 3 p.m.

American Mahjong:

12 p.m. to 4 p.m.

Advanced play, experience needed. Observers welcome!

Thursdays

Double Deck Pinochle:

12:30 p.m. to 3 p.m.

Fridays

Morning Stretch:

9 a.m. to 10 a.m.

American Mahjong:

12 p.m. to 4 p.m.

Advanced play, experience needed. Observers welcome!

Canasta:

1 p.m. to 4 p.m.

Game Day:

1 p.m. to 4 p.m.

Turn the Pages!

Check out the collection of books and magazines from all genres. Available for pick up at both our Peachtree City and Fayetteville locations! Have some you aren't using? We are currently accepting book donations.



The Noteworthy's group singing at the Veterans Day program.



We have a group of Georgia Bulldogs cheering on the dawgs!

Rules, Regulations & Cancellation Policies

Register early! Many of our classes are extremely popular and fill up quickly! All classes have a class-size limit that varies with each class. All classes – free or fee-based – require registration unless otherwise noted. Any applicable fees must be paid at the time of registration, or you are not considered registered for the class.

REGISTRATION: Please stop by the Fayetteville or Peachtree City location or call the Center receptionist to register for classes. All fees are payable in advance – cash, check, or credit card.

CANCELLATIONS: Fayette Senior Services reserves the right to cancel any class due to insufficient registration or at the instructor's request. If cancellation is necessary, anyone already registered will be notified and receive a full credit to their account. Please note that some classes have specific registration deadlines.

WAITING LIST: All classes, activities, trips, and special events are offered on a first-come, first-served basis. If a class or activity is full, you may be placed on a waiting list.

REFUNDS: Refunds will be issued if registration is cancelled by the participant up to 5 working days prior to the start date. Any event costs incurred will be deducted from the requested refund in addition to a 10% administration fee. No refunds awarded after that deadline. Refunds will be issued in the form of an FSS credit towards future program registration or membership dues.

CLASSROOM PARTICIPATION REQUIREMENTS: Participants must be mobile as well as physically, mentally, and medically able to participate without disruption in any class or activity. Fayette Senior Services reserves the right to evaluate participants to determine an individual's participation ability. Some classes require a medical release and/or a fitness readiness questionnaire.



Members enjoying a wonderful evening of dinner and a show.



FSS fitness classes raised over \$7,300 for Project Love!

Special Events



A 'Bet'ter Weigh

FAYETTEVILLE

Tuesday, January 6
11 a.m. to 11:45 a.m.

\$35

Member exclusive

Pre-registration required

Who is down for a little healthy competition? Take part in the latest weight loss craze by betting on yourself. Spend five weeks focusing on your goals for a chance to win cash prizes. It's that time of year again. New Year's resolutions are fresh in our minds, and many of us are gearing up to eat healthier and get moving...again. This month-long challenge will give you the tools, motivation, and accountability you need to follow through on your promise to yourself all year long. Win money and prizes based on your weight and inches lost! Final weigh-in will be on Tuesday, February 10th.



Winter Sips & Spirits

LINE CREEK BREWERY

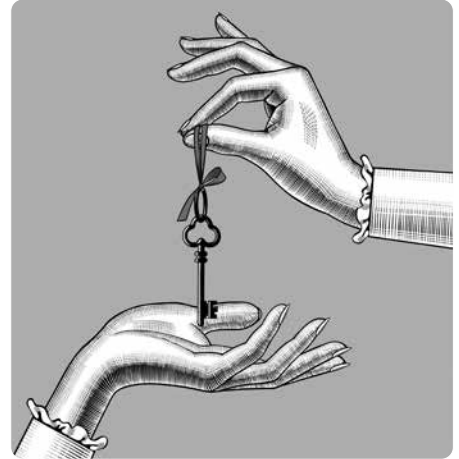
Thursday, January 8
3 p.m. to 4 p.m.

\$15

Member exclusive

Pre-registration required

Raise your glass to winter flavors and craft creations! Warm up this season at Line Creek Brewery in Peachtree City, where you'll sip and savor a curated selection of seasonal beers and cocktails. Enjoy insider tips on mixology, expert pairing suggestions, and behind-the-scenes stories from the brewing process. Participants will have the chance to taste a variety of winter-inspired drinks while learning what makes each one unique. Meet at Line Creek Brewery (150 Huddleston Road) for an unforgettable tasting experience that's equal parts fun and flavorful!



A Night At the Speakeasy

FAYETTEVILLE

Thursday, January 22
4:30 p.m. to 6:30 p.m.

\$15

Members can purchase

tickets at front desk

Pre-registration required

Raise your glasses and step behind the curtain for a night that's the cat's pajamas! Join us for an unforgettable evening of prohibition-era charm at the Fayette Senior Services Speakeasy, where the food is decadent, the spirits flow freely, and the jazz sets the mood just right. Slip into our secret hideaway and help us uncork the wine bottles as we swirl, sip, and savor the night away. Our kitchen crew will be serving up a dazzling spread of hors d'oeuvres fit for any flapper or high-roller, perfectly paired with lively company and the smooth, swinging sounds of SAE Entertainment's live jazz. So dust off your fedoras, don your pearls, and get ready to toast to a roaring good time!

Sunday							Monday							Tuesday							Wednesday						
December 2025							February 2026																				
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January 2026

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January Program Schedule

Needlework

Crochet: The Year of Stitches

FAYETTEVILLE
Monday, January 12
10 a.m. to 12 p.m.
\$5 | Materials not included
Pre-registration required
Instructor: Nancy Crow

Explore various crochet stitches throughout the year. This month, start at the beginning with basic single crochet, half double crochet, and double crochet stitches. Produce samples of each stitch and compile a booklet for future reference. A simple pattern will be included to try later. Materials needed: Small amounts of any worsted weight yarn; size H crochet hook; 1" binder (optional). Contact Nancy at icrochet2@bellsouth.net with questions.

Crochet: Small Cape

FAYETTEVILLE
Monday, January 26
10 a.m. to 12 p.m.
\$5 | Materials not included
Pre-registration required
Instructor: Nancy Crow

This little cape is perfect to drape your shoulders and keep out the draft! Beginner friendly. Materials needed: 1 skein sports weight yarn (variegated yarn works well for this project); Size I crochet hook. Contact Nancy at icrochet2@bellsouth.net with questions.

Quilting Day: UFO

FAYETTEVILLE
Wednesday, January 7
9 a.m. to 3 p.m.
\$15 | Materials not included
Pre-registration required
Instructor: Darlene Hubble

FAYETTEVILLE
Wednesday, January 14

9 a.m. to 3 p.m.
\$15 | Materials not included
Pre-registration required
Instructor: Darlene Hubble

FAYETTEVILLE
Wednesday, January 21
9 a.m. to 3 p.m.
\$15 | Materials not included
Pre-registration required
Instructor: Darlene Hubble

FAYETTEVILLE
Wednesday, January 28
9 a.m. to 3 p.m.
\$15 | Materials not included
Pre-registration required
Instructor: Darlene Hubble

Take time to finish up projects. Search your quilt area and grab your oldest UFO to get it finished. This class is not instruction based, just free time to work on a personal project with others. Must provide your own sewing machine. Some quilting experience required, not for beginners.

Creative Pursuits

Script and Style

FAYETTEVILLE
Monday, January 5
Ends February 16
10 a.m. to 11 a.m.
FREE
Pre-registration required

Experience the elegance and flow of beautiful handwriting as you learn the timeless art of calligraphy. Under the guidance of calligraphy expert Russ Hilton, this six-week course will introduce you to the refined Chancery Calligraphy style, known for its graceful curves and balanced forms. Each week focuses on a new technique and lettering skill, allowing you to build confidence with the perfect blend of creativity and precision. Russ's step-by-step instruction will help you transform simple strokes into expressive, artistic

letters. Please bring 4x4 graph paper pad and a 3mm Elegant Writer Calligraphy Pen each week. Build the confidence and skill to create beautifully lettered pieces that showcase your personal touch as you explore the beauty of hand lettering. No class on January 19th.

Painting Workshop

PEACHTREE CITY
Tuesday, January 20
10 a.m. to 12 p.m.
\$40 | Includes materials
Pre-registration required
Instructor: Kathy Brewer

Paint a picture by following along step-by-step with the instructor – you'll be surprised by what you're capable of! See the front desk for a sample picture. This month, paint a modern and unique piece a little outside the box!

Dance

Introduction to Line Dance

PEACHTREE CITY
Wednesday
11:30 a.m. to 12:30 p.m.
\$15 | Month
Instructor: Stella Joshua

This class is designed for those with little to no line dance experience. This introduction class will teach the basic steps and terminology and get you comfortable on the dance floor. You'll be moving and grooving in no time and discovering why everyone loves line dance!

Beginner I Line Dance

PEACHTREE CITY
Tuesday
11:30 a.m. to 12:30 p.m.
\$15 | Month
Instructor: Stella Joshua

For those who are new to line dance. Learn the basic dance

steps, dance terminology and some of the popular party, reunion and reception dances. Tuesday and Wednesday Beginner I class are the same class, two different options for days!

Beginner II Line Dance

PEACHTREE CITY
Tuesday
12:30 p.m. to 1:30 p.m.
\$15 | Month
Instructor: Stella Joshua

For those who have had at least six months of Beginner I Line Dance. This class develops more complex dances, steps and turns.

Improver Plus Line Dance

FAYETTEVILLE
Tuesdays
1:45 p.m. to 2:45 p.m.
\$20 | Month
Instructor: Linda Vaughn

Keep advancing and become a line dance expert in no time. When you reach the Improver level, you are on your way to learning a myriad of new and fun challenging dances. Remember line dancing is excellent for mind, body and social networking. Reach out and connect to workshops, seminars and open dance parties in order to reach your maximum capacity.

Intermediate Line Dance

FAYETTEVILLE
Tuesdays
3 p.m. to 4 p.m.
\$20 | Month
Instructor: Linda Vaughn

This class is geared to those who are comfortable with improver dances and would like to begin dancing intermediate dances. This class will include both classic and new intermediate line dances. Get ready to expand your line dance repertoire and at the same time keep your mind and body tuned up.

Advanced Beginner Line Dance

PEACHTREE CITY
Monday
3 p.m. to 4 p.m.

\$20 | Month
Instructor: Jennifer Glavosek

Learn additional line dance steps and more challenging routines. This class will teach you new and older classic dances that students have been enjoying for years. This class will be fun, energetic and great for the mind. For dancers who already have a knowledge of the basic line dance steps.

Free Moves Line Dance

FAYETTEVILLE
Friday
10 a.m. to 12 p.m.
FREE
No pre-registration required

Enjoy a morning of dancing during this self-led group. Gather together to move to the music. This is just a casual dance and not instruction based. No teacher will be present, just members who love dancing!



Waves of Wellness Water Aerobics

PIEDMONT WELLNESS
CENTER
Thursday
8:30 a.m. to 9:15 a.m.
\$25 | Month
Instructor: Mitzi Bayerlein

Make a splash while staying fit with this water aerobics class, exclusively for Fayette Senior Services members! This low-impact workout is perfect for improving strength, flexibility, and endurance, all while being easy on the joints. Enjoy energizing routines in a warm water indoor pool that provides a great way to stay active in a unique experience. You do have to be a member of Fayette Senior Services, but you do not have to be a member of Piedmont Wellness Center to take this specific class.

Flex & Flow Pilates

FAYETTEVILLE
Monday
9 a.m. to 9:45 a.m.
\$15 | Month
Instructor: Jodi Smit

Experience the flex and flow of Pilates for strength and mobility. In this gentle Pilates class, we'll combine core-strengthening benefits with soothing mobility exercises and deep stretches to improve flexibility, balance and overall movement. Whether you're new to Pilates or looking to enhance your routine, Flex & Flow will help you feel stronger, move with ease and enjoy the freedom of a flexible, balanced body. Get ready to stretch, strengthen and flow through exercises that are fun, safe, and designed to keep you moving comfortably at any age! Please bring a mat with you to class.

Just Beat It: Cardio Drumming

FAYETTEVILLE
Monday
12 p.m. to 12:45 p.m.
\$10 | Month
Instructor: Pam Tate

FAYETTEVILLE
Wednesday
11:15 a.m. to 12 p.m.
\$10 | Month
Instructor: Pam Tate

Drum roll please...it's time to join in the fun with this upbeat and dynamic cardio workout that is a little outside the box! Cardio drumming combines cardio exercise and drumming to the rhythm of music in an easy but effective workout regime. This exciting, low-impact workout is for all ages and helps improve coordination and motor skills, boost your mood, and enhance overall health.

Fit For Life

FAYETTEVILLE
Monday
10:30 a.m. to 11:20 a.m.
\$15 | Month
Pre-registration required
Instructor: Euriel Reynolds

Build strength to make your daily activities easier, whether you exercise best in a chair or on your feet. Strength training provides an abundance of benefits. It contributes to better coordination, balance, mobility, and overall health, to name a few. Use hand weights, elastic bands and balls to strengthen muscles and increase range of movement during this full body workout for all fitness levels.

Chair Yoga

PEACHTREE CITY
Tuesday | 10 a.m. to 11 a.m.
Thursday | 9 a.m. to 10 a.m.
*1 or 2 day option available
\$25 | Month – 1 class
\$35 | Month – 2 classes
Instructor: Lori Clark

Choose between 2 days a week or 1 day a week (either Tuesday OR Thursday). Chair yoga is a gentle yoga practice in which poses are performed in a chair or aided by a chair while standing on a mat. This class will build strength, balance, and flexibility, while incorporating breathing exercises and meditation to calm the body and mind and increase awareness.

Yoga: Peachtree City

PEACHTREE CITY
Tuesday
8:45 a.m. to 9:45 a.m.
\$25 | Month
Instructor: Lori Clark

Improve your strength, flexibility and balance while bringing more focus and peace into your life in this gentle flow yoga class. Through breathing work and intentional practice, you'll find a sense of calm during this mind-body exercise. Different options provided for poses, but must be able to get up and down from the floor. Please bring a mat.

Yoga: Fayetteville

FAYETTEVILLE
Friday
8:45 a.m. to 9:45 a.m.
\$20 | Month
Instructor: T. Michael

A form of mind-body exercise

that combines standing, sitting, and balancing postures to bring strength, flexibility, and calm. Please bring a mat with you to.

Dance and Tone

PEACHTREE CITY
Thursday
10:15 a.m. to 11 a.m.
\$20 | Month
Instructor: Lori Clark

Make your workout more fun as you dance and tone during this class. This easy-to-follow dance session will include a warm-up, simple dance routines combined with toning exercises utilizing light weights, followed by a cool down and stretch. Boost your cardiovascular fitness, tone your muscles, improve your coordination and memory in an interactive way that doesn't feel like your typical workout.

Cardio, Core & More

PEACHTREE CITY
Thursday
12 p.m. to 12:50 p.m.
\$18 | Month
Instructor: Miriam Jones

If early morning workouts aren't your thing, this is the class for you! Miriam feels your pain and is happy to reciprocate! Join for a fun and different mix of effective, yet easy-to-follow exercises that will strengthen your body and enhance your mood.

Power Aerobics

FAYETTEVILLE
Tuesday and Thursday
7:40 a.m. to 8:30 a.m.
\$35 | Month
Instructor: Miriam Jones

These super fun, up-tempo total body workout sessions are designed to strengthen your muscles and core while simultaneously improving balance, coordination, and flexibility. Prepare to be safely challenged as no workout is ever the same. You'll gain energy and friendships. Each Thursday workout includes floor work so bring a mat that day. Modifications provided.

Intermediate I Aerobics

FAYETTEVILLE
Tuesday and Thursday
8:40 a.m. to 9:30 a.m.
\$35 | Month
Instructor: Miriam Jones

Whether you're a fitness enthusiast or dread the idea of exercise, this is the class for you. Take the routine out of fitness. These total body workouts are never the same and will have you feeling stronger and more energized. Each workout is designed to improve endurance, strength, flexibility, coordination, core, and brain function. Modifications provided. Bring a mat on Thursdays.

Intermediate II Aerobics

FAYETTEVILLE
Tuesday and Thursday
9:40 a.m. to 10:30 a.m.
\$35 | Month
Instructor: Miriam Jones
This total body workout will leave you feeling stronger and more energized. Start your morning off twice a week with Miriam as she provides a great session intended to get you moving and feeling better throughout each week. Each workout is designed to improve endurance, strength, flexibility, coordination, core, and brain function. Modifications provided. Bring a mat on Thursdays.

Stretch for Movement

FAYETTEVILLE
Wednesday
9:45 a.m. to 10:30 a.m.
\$18 | Month
Instructor: Miriam Jones

A series of simple and easy-to-follow stretch combinations to improve your balance, coordination, and range of motion as well as helping relieve stress through a series of breathing techniques. Bring a mat to class.

Seated Stretch for Movement

FAYETTEVILLE
Friday
12:15 p.m. to 1 p.m.
\$18 | Month
Instructor: Miriam Jones

Flex! It's time to get stretched. This class is guaranteed to enhance mood, boost energy, improve circulation and reduce muscle stiffness. Experience increased range of motion, better balance and reduced risk of falls and other injuries. Prepare to feel and move better.

Walking Group: Fayetteville

FAYETTEVILLE
Wednesday
10:45 a.m. to 11:30 a.m.
FREE
No pre-registration required

Meet inside the FSS lobby to increase your success by walking with a partner(s). 150 minutes per week of cardiovascular activity promotes heart health and lowers the risk of many other ailments. Improve physical fitness with a dose of cardio. Self-led group.

Walking Group: Peachtree City

PEACHTREE CITY
Thursday
10 a.m.
FREE
No pre-registration required

Meet at the Gathering Place to check in and then take advantage of the paths around the center to add social interaction with a dose of cardio. Self-led group.

Tai Chi Club

FAYETTEVILLE
Wednesday
2 p.m. to 4 p.m.
FREE
No pre-registration required

This self-lead group meets to practice their form together. This is not instruction based and previous Tai Chi experience is needed. Tai Chi provides a safe, gradual way to improve flexibility, increase circulation, reduce stress, strengthen bones, lower blood pressure, and increase overall fitness.

Special Interest

Garden Club

FAYETTEVILLE
Regular meetings will resume in March
FREE
Members and non-members
No pre-registration required

Garden meetings are dormant, just like our plants, but join us in March! If you have a green thumb, love gardening and are interested in volunteering, join the Garden Club. It's never too early to get involved, so contact Amber Oliver at aoliver@fayss.org for more information.

Cornhole

PEACHTREE CITY

Friday, January 2
10:30 a.m. to 11:30 a.m.
FREE
Member exclusive
Pre-registration required

PEACHTREE CITY
Friday, January 16
10:30 a.m. to 11:30 a.m.
FREE
Member exclusive
Pre-registration required

Bring out your competitive side or join us for a little fun and socialization, either way you'll have a blast! Two-time competitive league cornhole champion Denny Danylchak shares his love for the game and brings it to us at Fayette Senior Services. Enjoy time with friends while sharpening your skills and mastering the game of cornhole during these monthly games!

The Center Box Office

Member exclusive | Pre-registration required

PEACHTREE CITY
Thursday, January 8 | 1:15 p.m.
Train Dreams (2025) | PG-13

Starring: Joel Edgerton, Felicity Jones, William H. Macy. A beautiful rendition and moving portrait of Robert Grainier, a logger and railroad worker who leads a life of quiet grace as he experiences love and loss during unexpected death and beauty in the rapidly-changing America of the early 20th century.

PEACHTREE CITY
Thursday, January 29 | 1:15 p.m.
Ballad Of A Small Player (2025) | R

FAYETTEVILLE
Friday, January 30 | 1:15 p.m.
Ballad Of A Small Player (2025) | R

Starring: Colin Farrell, Fala Chen. When his past and his debts start to catch up to him, a high-stakes gambler laying low encounters a kindred spirit who might just hold the key to his salvation. The opulent hotels and decadent casinos of Macau form the backdrop to this psychological thriller about a gambler running from the ghosts of his past.

Fayette Senior Services
Making Life Better™

Get To Know Fayette Senior Services

PEACHTREE CITY
Friday, January 2
1:30 p.m. to 2:15 p.m.
FREE
Members and non-members
Pre-registration required

Step into a place where aging well and living well truly come together! Discover everything Fayette Senior Services has to offer - from engaging programs and vital social services to meaningful volunteer opportunities that enrich lives and strengthen community connections. Explore how our activities, resources, and support can keep you active, informed, and inspired at every stage. Whether you're looking for involvement, guidance, or simply a warm place to belong, Fayette Senior Services is here to help you thrive every step of the way.

The People's Law School

FAYETTEVILLE
Monday, January 5
12 p.m. to 1 p.m.
FREE
Members and non-members
Pre-registration required

You won't want to miss out on these monthly information-packed sessions full of valuable guidance! The People's Law School is intended to spread knowledge about the legal field among members of the community. Join us once a month as a knowledgeable speaker and Judge Jason Thompson share on a senior related legal topic. Join attorney Bryan Dayton as he discusses the hidden signs to look for to protect your loved ones from nursing home neglect.

Once Upon A Story

FAYETTEVILLE
Tuesday, January 6
1:30 p.m. to 2:30 p.m.
FREE
Member and non-members
Pre-registration required

You don't have to be a kid to enjoy the art of storytelling! Join

storyteller Marcia Robinson as she expressively shares the tales untold. Immerse yourself in a collection of inspirational stories that uplift, encourage, spark joy, and bring a smile to your heart. Through her powerful words and creative storytelling, Marcia will leave you feeling seen, valued, and refreshed, right down to your soul.

What's for Lunch?

PEACHTREE CITY
Tuesday, January 6
11:30 a.m.
FREE
Member exclusive
Pre-registration required

Meet us at a local restaurant for an afternoon out with great friends! FSS will make reservations and everyone will meet there to enjoy time with others (payment will be on your own). Must be registered to attend due to reservation numbers. This month, lunch will be at Pura Vida Café Bistro in Newnan.

Mind Your Money

FAYETTEVILLE
Thursday, January 8
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Ready or not, 2026 is bringing some big financial shake-ups, and knowing them early can make all the difference. Join Brandon Jordan, Financial Advisor with Arch Advisory Group, as he breaks down the newest updates shaping the financial world in the year ahead. From tax changes to Social Security shifts and other key policy adjustments, Brandon offers easy-to-understand insights that help you prepare. You'll learn what these changes actually mean for your income, retirement planning, and long-term financial goals. Brandon's insights and practical tips will help you stay ahead of the curve to navigate the year ahead.

The Clutter Cure

PEACHTREE CITY
Friday, January 9
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Clear the clutter and clear your mind! Join Melissa Mitchell, organizer and owner of Reset and Refresh, for an energizing and inspiring outlook to transform the way you think about your space. If your home (or life!) feels overrun by "stuff," Melissa will show you how to take back control, without the stress. Whether you're buried in belongings or just craving a little order, Melissa will share her top organization and storage tips to help you reset your home and refresh your life. Learn how to declutter with confidence, organize in a way that actually works for your lifestyle, and most importantly how to stay organized long after the mess is gone. You'll also discover the surprising mental and emotional benefits of a clutter-free environment. Say goodbye to overwhelming clutter and hello to calm, clarity, and control. Your new beginning starts here!

Grow For It

FAYETTEVILLE
Monday, January 12
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Kick off the gardening year with expert guidance from Robbie Martin, owner of Art of Landscaping. Map out your planting calendar and plan for a successful year from start to finish as Robbie walks you through the essential January tasks that set the stage for a thriving garden all year long! Map out your planting calendar, choose what to plant and when, and prepare your beds for the seasons ahead. You'll learn about harvesting under protection, managing winter chores like cutting back old growth and weeding, and improving your soil for spring success. With actionable tips and strategies, stay organized, proactive, and ready

for a thriving garden during every season this year. Start the year with confidence and watch your garden flourish!

The Pathway to Peachtree City

PEACHTREE CITY
Monday, January 12
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Get the inside scoop on Peachtree City straight from the source! Join Mayor Kim Learnard and City Manager Justin Strickland as they share the latest updates on projects, plans, and happenings around our hometown. Hear firsthand about what's in the works now and what's coming in the future, from community improvements to exciting initiatives. This is your chance to connect with the city's leadership, ask questions, and discover all the exciting things unfolding in Peachtree City. Don't miss this great opportunity including insights, updates, and a glimpse of what's ahead for our vibrant community!

And Sew It Begins

FAYETTEVILLE
Tuesday, January 13
11 a.m. to 1 p.m.
FREE
Member exclusive
Pre-registration required

If you've had a button missing for a while or a hole in your favorite shirt, we have just the spot for you! Kelly Farmer joins us to take care of your minor sewing needs such as buttons, holes, hemming, elastic, etc. Materials will be provided, but if you have matching thread or buttons feel free to bring them with you.

Volunteer Open House

FAYETTEVILLE
Tuesday, January 13
2 p.m.
FREE
Members and non-members
No pre-registration required

If you are an FSS volunteer or are interested in becoming one, join us for our monthly meeting! Meet with other volunteers, learn about upcoming events, current volunteer opportunities, and get center news and updates.

Life By Design

PEACHTREE CITY
Tuesday, January 13
2:30 p.m. to 3:30 p.m.
FREE
Members and non-members
Pre-registration required

Tired of feeling like life is happening to you instead of for you? It's time to hit pause, reflect, and start intentionally designing the life you truly want. Whether you're overwhelmed by a busy routine, navigating a new life chapter, or simply craving more balance and purpose, we've got the answers for you. Join Jill Prouty, Library Services Director, as you gain insight on taking control in designing your dream life. This thought-provoking discussion is inspired by Sahil Bloom's *The 5 Types of Wealth*. Discover what wealth really means beyond money, and learn how to take meaningful steps toward a more fulfilling, well-rounded life. Bring your questions, ideas, and dreams and leave feeling inspired to take control of your next chapter.

Touchdown Trivia

FAYETTEVILLE
Wednesday, January 14
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Think you know college football? Now's your chance to prove it! Join Todd Bills of Todd Bills Agency for an interactive trivia game that challenges your knowledge of the game. From memorable plays and standout players to key stats and championship moments, you'll find out what you really know. Test your skills, compete with others, and enjoy a lively, game-style atmosphere as we head

into the championship season. Whether you're a longtime fan or just enjoy the excitement of the sport, this trivia challenge is a great way to connect with fellow football enthusiasts and sharpen your knowledge. Throw on your favorite college colors for some extra fun!

Dementia Caregiver Support Group

PEACHTREE CITY
Thursday, January 15
1:30 p.m. to 3 p.m.
FREE
Members and non-members
No pre-registration required

For more information, contact Lynnette Dunn at 404-326-0219 or by email at lynnette.dunn@piedmont.org.

Lights, Camera, Combat

FAYETTEVILLE
Thursday, January 15
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Join Chris Madrid from the Commemorative Air Force Airbase Georgia for an intriguing take on how Hollywood and films have played a role in shaping WWII narratives. Explore how classic movies have influenced people's perception of World War II and shaped the national conversation about the war. Chris will also discuss how modern films revisit these narratives, reflecting evolving attitudes and historical interpretations. Whether you're a film buff or history enthusiast, take a unique look at the intersection of cinema and wartime storytelling. Don't miss this opportunity to learn how Hollywood both captured and shaped the understanding of the war for many generations.

The Grape Escape

PEACHTREE CITY
Thursday, January 15
2 p.m. to 3:30 p.m.
\$25
Member exclusive
Pre-registration required

Uncork your curiosity and let the good times pour! Wine connoisseur Renessa Montcalm leads this spirited monthly series, guiding you through the fascinating world of wines from regions and countries around the world. Each session highlights a featured selection, offering tasty insights that help you grow your wine knowledge one sip at a time. From unexpected flavor notes to the stories behind each bottle, and delicious food pairing suggestions, you'll enjoy a relaxed, engaging journey into all things wine. This month, escape into the world of Renessa's favorite wines as you raise a glass to learn something new!

1-on-1 Medicare Consultations

FAYETTEVILLE
Tuesday, January 20
10 a.m. to 2 p.m.
FREE
Member exclusive
Pre-registration required

A representative with Georgia Cares will meet one-on-one with Medicare beneficiaries and their families. Georgia Cares is a State Health Insurance Assistance program that provides free, non-biased information about Medicare. Please bring your Medicare card and list of medications with you to the session.

A Novel Idea Book Club

PEACHTREE CITY
Tuesday, January 20
1:45 p.m.
FREE
Member exclusive
No pre-registration required

January book: *Becoming Madam Secretary* by Stephanie Dray. February book: *James* by Percival Everett. For more information, please contact Heather Martz at hmartz@peachtree-city.org.

The Wonderful World of Disney

FAYETTEVILLE
Wednesday, January 21
1:30 p.m. to 2:30 p.m.
FREE

Members and non-members
Pre-registration required

From the moment you walk into the wonderful world of Disney, you can feel the magic and dreams that this special place brings to life! Ever wondered what it's like to help build the magic at the most iconic place on Earth? Join Joe Campbell, a former Walt Disney World bellman who climbed the ranks over three remarkable decades to become a leader in Resort Development. With a career built on hard work, perseverance, and a passion for people, Joe led hotel teams, solved complex operational challenges, and played a role in shaping the guest experience millions enjoy today. As he rose through the ranks, he played a key role in shaping the Disney experience, from enchanting resorts to unforgettable attractions. In this behind-the-scenes look, Joe shares the untold stories, rich history, personal lessons and magical moments that brought Walt Disney's vision to life. From resort expansions to the creation of beloved attractions, Joe witnessed it all. Take in this unique personal look of a journey through Disney's history.

The News Shift

PEACHTREE CITY
Wednesday, January 21
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Extra, extra, read all about it! From printed newspapers to digital screens, the way we get our news has transformed dramatically over the years, and the story behind it is fascinating! Join Luke Haney, reporter with Fayette County News, as he explores the evolution of news and how journalism has changed throughout the decades. Discover how reporting, storytelling, and information delivery have adapted to new technologies and shifting audience expectations. Luke will share insights from his experience in modern news

reporting while also highlighting key moments in the history of journalism. Learn how news has gone from print to radio, TV, and online platforms, and what it means for staying informed and connected today. Enjoy a fresh perspective on the past, present, and future of news.

P"age" Turners Book Club

FAYETTEVILLE
Thursday, January 22
1:30 p.m.
FREE
Member exclusive
No pre-registration required

January book: *The Giver of Stars* by JoJo Moyes. February book: *Snowflower and the Secret Fan* by Lisa Fan. For more information, please contact Heidi Williams at jmwhome8332@gmail.com.

Paddles Up

PEACHTREE CITY
Thursday, January 22
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Have you caught wind of the hottest trend sweeping the nation? Pickleball is here, and it's taking the sports world by storm! Ryan Lister with Ace Pickleball Club will dive into the fascinating history of the game, from its origins to the modern-day phenomenon it's become. He'll walk you through the basic rules, offering tips on how to get started and, more importantly, how to level up your skills. You may be a complete beginner or even looking to improve your game, either way you'll get the insider knowledge to get on the court with confidence. This dynamic paddle sport, blending elements of tennis, badminton, and ping-pong, is not only a great way to get active, but it's also a blast to play. Discover why Pickleball isn't just a fad, it's a game that's here to stay!

Paw Patrol

FAYETTEVILLE
Monday, January 26

1:30 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

Police dogs are more than just loyal companions, they're highly trained heroes protecting our communities each and every day. Join Lt. Dan Thamert with the Fayette County Sheriff's Office and the newest, youngest, and cutest deputy, Watson the bloodhound, as they share an inside look at the rigorous training, specialized skills, and daily lives of a K9 cop. Learn how these remarkable dogs are prepared for search and rescue, detection, and law enforcement work as you meet one of the newest recruits of the sheriff's office in person right here at FSS! Watson, a five-month-old bloodhound, will be on hand to charm the crowd and show a glimpse of life as a K9 cop. Enjoy this unique perspective on teamwork, dedication, and the incredible bond between handlers and their canine partners.

Escape From Behind the Iron Curtain

PEACHTREE CITY

Monday, January 26

1:30 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

What if escaping your country meant risking everything, your safety, your future, even your life? In 1986, Jana Polacek made a courageous escape from communist Czechoslovakia with her husband Milan and their young daughter, leaving everything behind in search of a better life. Now, nearly 40 years later, Jana and her son Michael will join us to share their powerful journey, from the gripping details of their escape to the challenges and triumphs of starting over as immigrants chasing the American dream. This powerful, personal story is one of courage, resilience, and hope as you hear firsthand what it takes to leave everything behind. Don't miss the chance to hear history come alive through the eyes of those who lived it.

This Is My Jam

FAYETTEVILLE

Tuesday, January 27

1:30 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

Get your jam on with Sharon Whitley from Whitley Farms as she gives us the inside "spread" on the art of jam making! Sharon will walk us through the full jam-making process, from selecting the perfect fruit to achieving that ideal, flavorful consistency. Learn how to create your own homemade jams with confidence, along with expert tips for capturing the freshest, most vibrant flavors. And of course, no jam session is complete without a little taste! Sharon will have delicious samples for everyone to enjoy.

It's A Bird, It's A Plane, It's A UFO

PEACHTREE CITY

Tuesday, January 27

2:30 p.m. to 3:30 p.m.

FREE

Members and non-members

Pre-registration required

Get ready for a journey that's out of this world! Join author and UFO investigator Brian Daffern as he dives into astonishing stories and interviews from his book *Alien-ated: Astonishing Interviews of Alien Encounters*. Drawing from a lifetime of studying the unexplained, Brian shares firsthand accounts that explore some of the deepest mysteries of the unknown. From close encounters to strange phenomena, his insights will leave you questioning what's really out there. Whether you're a skeptic or a believer it's entirely up to you. Take a fascinating, thought-provoking glimpse into the world of UFOs.

Taxing Changes

FAYETTEVILLE

Wednesday, January 28

1:30 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

Get ahead of the April rush by learning the latest tax laws and what they mean for you this filing season. Tax expert Richard McConnell will break down essential tips, from properly completing forms to deciding whether to file electronically or on paper, and how to prepare your documents with ease. You'll also gain practical guidance for filing your return on your own, if you choose to take that route. With clear explanations and up-to-date insights, help make this year's tax filing smoother, simpler, and far less stressful.

Car Wash

FAYETTEVILLE

Friday, January 30

9 a.m. to 4 p.m.

\$50

Member exclusive

Pre-registration required

Splish, splash—your car is getting a bath! Hector Antonio from Roll N' Shine will be on-site to give your vehicle a fresh, clean shine inside and out while you relax comfortably in FSS. Enjoy the convenience of a professional wash without ever leaving the building. Please note that Roll N' Shine reserves the right to decline service for excessively dirty interiors. Give your car the care it deserves with this effortless, on-the-spot service!

The Key to the Dam

PEACHTREE CITY

Friday, January 30

1:30 p.m. to 2:30 p.m.

FREE

Members and non-members

Pre-registration required

Join Dave Borkowski, City Engineer, as he shares the story of the Lake Peachtree Spillway and its groundbreaking Piano Key Dam design, the first of its kind in the United States. Discover how this innovative design has redefined dam engineering with its focus on safety, efficiency, and environmental sustainability. Dave will take you through the planning, construction, and

ongoing maintenance of this remarkable structure, highlighting why only four locations in the U.S. have adopted the Piano Key system. Learn how Peachtree City led the way in implementing this cutting-edge technology as you discover how this engineering marvel continues to make waves in both innovation and community pride.

Trivia

FAYETTEVILLE
Fridays
1:30 p.m. to 3 p.m.
FREE
Member exclusive
No pre-registration required
Host: Linda Abbott

It's not who you know, it's what you know. Join Quiz Queen Linda Abbott for a little friendly competition. Form teams or take 'em on yourself. Answer questions from a variety of categories and test your knowledge.

Dulcimer

FAYETTEVILLE
Wednesday
11 a.m. to 12:30 p.m.
FREE
Member exclusive
No pre-registration required

Join our dulcimer group! This group has been playing together for some time, but always welcomes new people! The dulcimer is a unique string instrument native to the Appalachian region of the United States. This is an open group playing music together. You must have your own dulcimer and know how to read music to join. This is not an instruction-based class, just free time to play music together!



Computer Technology Assistance

PEACHTREE CITY
Wednesday, January 21
1 p.m. to 4 p.m.
FREE
Member exclusive

Pre-registration required

FAYETTEVILLE
Tuesday, January 27
1 p.m. to 4 p.m.
FREE
Member exclusive
Pre-registration required

Bring in your laptop and questions about your computer for 1-on-1 assistance. Lance Collins with PTC Techs will assist with computer technology troubleshooting, removal of unwanted programs, antivirus prevention, and general questions. This is not a computer tutor class.



Color Yourself Healthy

FAYETTEVILLE
Friday, January 2
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Did you know the key to feeling energized and boosting your immune system is as simple as adding a little color to your plate? If you want to feel more vibrant, energized, and healthier, it's time to color yourself healthy with nature's most powerful, nutrient-packed foods – a wide variety of colorful fruits and veggies! Join Eboni Jackson from Humana as she shows us how adding a rainbow to your plate can supercharge your energy and boost your immune system. Learn simple, delicious ways to unlock the full spectrum of health benefits, because when you eat the rainbow, you're giving your body the fuel it needs to thrive!

Goal Getter

PEACHTREE CITY
Monday, January 5
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Who knew that the simple act of setting intentional goals could transform everyday moments into a more vibrant, meaningful life. Join Joanna Hannah with Precious Hospice as she shares practical and inspiring strategies for setting meaningful, achievable goals. You'll learn how to create well-rounded intentions, from improving your health with mindful eating and movement to strengthening personal connections through family visits or community involvement. Joanna will also highlight the value of setting fun goals, like traveling to new places, trying a new hobby, or learning a new language. With simple tips and encouraging guidance, she'll help you shape goals that motivate, energize, and enhance your overall well-being!

Gotta Hand It To You: Hand Massages

FAYETTEVILLE
Tuesday, January 6
9 a.m. to 12 p.m.
FREE
Member exclusive
Pre-registration required

Sit back and relax as certified massage therapist Ange Maihorn provides a focused hand and arm massage. This human hand connection will not only help relieve tension and stress, but will concentrate on muscle and lymphatic areas in your arm and on your hand. Research has shown that there are many health benefits to massages, and hand massage is no exception. Having this done not only feels great, but can help ease muscle tension, relieve stress, and reduce pain. Enjoy a relaxing 15-minute session with Ange and see the results for yourself!

Massage

FAYETTEVILLE
Tuesday, January 6
10 a.m. to 4 p.m.
\$60 | 1 hour
Member exclusive
Pre-registration required
Masseuse: Tranquil Escape

There are many health benefits to massages including stress

reduction, increase in blood flow, improving balance, stimulating the nervous system, helping flexibility, assisting in better sleep, and relieving pain. Treat yourself to a relaxing massage! Enjoy this FSS exclusive discount by booking through us, but meet at their quiet and calming studio for your appointment – 500 W. Lanier Avenue Suite 602 | Fayetteville, GA 30214.

Steps to Success

PEACHTREE CITY
Tuesday, January 6
2:30 p.m. to 3:30 p.m.
FREE
Members and non-members
Pre-registration required

Unlock your body's full potential with Dr. Josh Davis from First Step Physical Therapy. Learn seven essential steps of exercise that will enhance movement for improvement to feel your best every day. These simple, practical steps target your entire body, helping you build strength, endurance, balance, and flexibility. Dr. Davis will guide you through key movement patterns for each step and demonstrate how to set meaningful physical goals to track your progress. Gain knowledge and tools to move with confidence as you improve your everyday mobility and transform your daily routine with focused steps that can make a big difference in your overall health.

The Friendship Rx

FAYETTEVILLE
Wednesday, January 7
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

What if the best prescription for better health didn't come from a pharmacy, but from your friends? Beth Dow from Home Helpers Home Care reveals the powerful, science-backed impact that friendship and connection have on our overall well-being. Loneliness can creep in quietly, yet it can affect our health more than we realize. She shines a light on how loneliness affects us more than we think and how connection can turn

everything around. Beth explores how conversation, laughter, and meaningful companionship can lift spirits, sharpen minds, and improve quality of life at any age. You'll discover simple, practical ways to build stronger social connections in your daily routine. Leave feeling encouraged, inspired, and reminded that the right friend might just be the best medicine of all.

The Natural Burn

PEACHTREE CITY
Wednesday, January 7
2:30 p.m. to 3:30 p.m.
FREE
Members and non-members
Pre-registration required

Unlock your body's natural ability to burn fat without medications, strict diets, or gimmicks. Join health expert Michelle Martin as she shares insight on approaches to weight loss that focus on supporting metabolism and overall health. Discover how to safely and effectively lose weight by making sustainable lifestyle changes rather than relying on quick fixes that often fail. She'll also explain how your body can become a true fat-burning machine through smart habits, balanced choices, and simple daily adjustments. Empower yourself to reach your goals naturally and confidently as you enter the new year, new me mindset with a healthy approach to weight loss.

Eyeglass Repairs and Adjustments

FAYETTEVILLE
Friday, January 9
11:30 a.m. to 12:30 p.m.
FREE
Member exclusive
Pre-registration required

Dale Klauss with Compassion 312 will be here to perform minor repairs, adjustments, maintenance, and cleaning of your glasses.

Habit Your Way

FAYETTEVILLE
Friday, January 9
1:30 p.m. to 2:30 p.m.

FREE
Members and non-members
Pre-registration required

What if small daily choices could completely transform the way you feel? In this uplifting and practical presentation, Shari Douglas from Southern Grace Hospice shares simple, sustainable habits that can help you step confidently into a healthier year. From realistic goal setting to smart meal planning, mindful hydration, and gentle movement, Shari breaks down wellness in a way that feels doable and not overwhelming. Feel inspired to take control of your health one step at a time as you discover how simple changes can lead to a truly healthier you.

Balance It Out: Balance Assessments

FAYETTEVILLE
Tuesday, January 13
1:30 p.m. to 3:30 p.m.
FREE
Member exclusive
Pre-registration required

Join Matt Winters from PT Solutions Physical Therapy as he performs a series of simple, guided tasks to determine balance and stability. Matt will help you uncover your strengths and identify areas where your balance could use a boost, giving you insight into your risk of falls. Once the assessment is complete, he will walk you through your results and offer personalized tips and strategies to help you improve stability and move with confidence. This hands-on, interactive opportunity will help you take charge of your balance, learn practical ways to stay steady on your feet, and leave feeling empowered and informed. Don't miss this chance to prioritize your health and step into greater confidence!

Step Into Wellness

PEACHTREE CITY
Wednesday, January 14
2:30 p.m. to 3:30 p.m.
FREE
Members and non-members
Pre-registration required

Step into 2026 ready to thrive, stay safe, and feel your best! Kick off the new year with Certified Health Coach and Licensed Insurance Broker Jennifer Lunsford as she shares five simple and practical tips to keep you healthy, active, and safe all year long. Discover how wellness check-ups, home safety strategies, balanced nutrition, and regular movement can make a big difference in your daily life. Jennifer will share tips to maintaining motivation as you get inspired with a fun January Wellness Challenge designed to kickstart your year with energy and excitement. It's time to make 2026 your healthiest, safest, and most active year yet!

A Season of Growth

FAYETTEVILLE
Friday, January 16
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

The season of renewal is the perfect time to embrace growth, purpose, and joy. In this inspiring talk, Sophia Gethers, CEO and Life Coach with The Freedom Zone, guides us on a journey toward becoming the best version of ourselves. Anchored in resilience, purpose, and authentic joy, Sophia encourages reflection on the past and intentional steps toward the future. She'll share practical strategies to cultivate habits, mindsets, and perspectives that support personal transformation. Leave feeling empowered, motivated, and equipped to create meaningful change in your life as we celebrate the wisdom and vibrancy of life, helping everyone step into the "new me" season with confidence. Celebrate your potential, reconnect with your purpose, and step into a more vibrant, resilient life.

A Sound Bath

PEACHTREE CITY
Friday, January 16
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Discover the transformative power of sound and relaxation on your journey to wellness. Lei Rhyne with Healing Through Art & Sound takes us on a journey of healing through the unique process of a sound bath. She will guide participants through a soothing experience designed to support physical, mental, and emotional healing. During the session, you'll lie back and immerse yourself in resonant tones created by singing bowls, gongs, and chimes, allowing the vibrations to gently calm your mind and body. This meditative experience can help reduce stress and anxiety, elevate mood, improve focus, and promote deeper, more restorative sleep. Experience this innovative approach to relaxation as you unwind and recharge in a serene, supportive environment. Mats, pillows, and blankets will be provided to ensure your comfort as you fully embrace the calming effects of sound therapy.

Fuel Your Future

FAYETTEVILLE
Tuesday, January 20
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Your best years are still ahead, and the way you fuel and move your body now is your ticket to getting there with strength and confidence. Piedmont Wellness Center explores how smart nutrition and intentional strength training can dramatically shape the way you age. You'll discover how everyday choices from what's on your plate to how you challenge your muscles directly impact energy, mobility, and long-term independence. Break down the science of aging in a way that's practical, empowering, and easy to apply. Most importantly, learn simple strategies to build resilience today so you can stay active, capable, and vibrant for decades to come. This is your roadmap to aging stronger, not slower!

Hearing Aid Cleanings & Maintenance

FAYETTEVILLE
Wednesday, January 21
11:30 a.m. to 12:30 p.m.
FREE
Member exclusive
Pre-registration required

Hearing Life Center will be on site to clean hearing aids and perform minor, basic maintenance you may need done.

Golden Year Glow

PEACHTREE CITY
Friday, January 23
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

Are you ready to live your best life yet? Step into a vibrant, fulfilling life by nurturing your mind, body, and spirit! Join Siddiqua Gibson with Best Life Golden Years for an inspiring look into holistic wellness designed just for seniors. Explore how to keep your mind sharp, your body strong, and your spirit nourished through purpose, gratitude, and connection. From simple daily habits and preventive health tips to the power of laughter, joy, and social connections, this session is packed with practical ways to feel your best every day. Learn how to navigate life's changes, build resilience, and create a personalized wellness plan that works for you. With Siddiqua's guidance, you'll leave feeling ready to embrace life with confidence and zest as you discover how small, intentional steps can lead to a more energized, balanced, and meaningful life!

The Joy of Aging

FAYETTEVILLE
Friday, January 23
2 p.m. to 3 p.m.
FREE
Members and non-members
Pre-registration required

Growing older is a natural, rewarding stage of life, one that brings wisdom, experience, and perspective. Many ancient and

indigenous cultures honored elders for precisely these qualities, recognizing the value of a lifetime of learning. Yet modern media often sends us mixed messages, with phrases like “anti-aging,” “You look good for your age,” or “I’d never guess you were...” subtly devaluing the aging process. Avril James, Piedmont Women’s Heart Program Coordinator and certified health education specialist, reframes aging in a positive, empowering light. Explore how to age gracefully, addressing ageism, practicing mindfulness, and setting realistic expectations for your mind, heart, and body. Join us as we shift perspectives, celebrate the aging journey, and embrace the many rewards that come with growing older!

Restaurant Scorecard

PEACHTREE CITY
Wednesday, January 28
2:30 p.m. to 3:30 p.m.
FREE

Members and non-members
Pre-registration required

What’s really cooking in the kitchen? Those restaurant health scores you see on the wall tell a bigger story than you may think. Bonnie Turner with the Georgia Department of Public Health, District 4, is here to educate us on what we need to know. Ever wondered what inspectors look for, how violations are categorized, and how those details add up to a restaurant’s final score? Discover the difference between a minor infraction and a major health risk and what happens when a restaurant doesn’t meet the mark. From common violations to critical concerns, Bonnie will break it all down in a way that’s easy to understand. You’ll also learn how to report a concern and where to find inspection results online. This is your chance to become a more informed diner and know what those numbers on the wall are really telling you.

MyChart Made Easy

FAYETTEVILLE
Thursday, January 29
1:30 p.m. to 2:30 p.m.
FREE
Members and non-members
Pre-registration required

If you’re a patient of Piedmont Healthcare or any major healthcare system, you know that MyChart is an essential tool for managing your health right from your phone, tablet, or computer. Join Paige Muh, Director of Community Relations, for a walkthrough of this powerful platform. Discover how to set up your profile, navigate key features, and make the most of the many tools designed to help you manage your own and your family’s healthcare with ease. From appointment scheduling to test results and messaging your care team, you’ll learn how easy it can be to take control of your health digitally and confidently!

Look What’s Coming in February!

Tools At the Palm of Your Hand

PEACHTREE CITY
Monday, February 2
1:30 p.m. to 2:30 p.m. | FREE
Pre-registration required

Turn your phone into your personal assistant as you learn how to master the tools right in the palm of your hand on your phone. These incredible tools are easy to use and help keep you organized.

The Budget Boarding Pass

FAYETTEVILLE
Wednesday, February 4
1:30 p.m. to 2:30 p.m. | FREE
Pre-registration required

Travel doesn’t have to break the bank! Discover how to travel for less with expert tips, hidden discounts, and money-saving strategies to help you stretch every travel dollar.

Olympic Gold

PEACHTREE CITY
Thursday, February 5
1:30 p.m. to 2:30 p.m. | FREE
Pre-registration required

Get ready to go for the gold as we dive into the Olympic Games’ most fascinating moments, surprising stories, and behind-the-scenes looks that makes this global event unlike any others.

Life On Set

FAYETTEVILLE
Thursday, February 5
1:30 p.m. to 2:30 p.m. | FREE
Pre-registration required

Join longtime actor Alex Zonn for a fun, nostalgic journey through his years in TV, film, and stage. He’ll reveal what life was really like behind the camera, from memorable roles to unforgettable moments on set.

Registration will be available when the February newsletter comes out Tuesday, January 20th!

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Contact Morgan Lanier at
mianier@fayss.org or 770-769-8430
for more information



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Deliver A Difference **VOLUNTEERS NEEDED**

Our Meals on Wheels team is in need of new volunteers! We are so appreciative of the support we have received from volunteers and those interested in volunteering, and have a few unfilled positions for a regular driver for MOW. Please reach out if you are interested in giving back to your local community.

- ✓ 1 day a week for 1 to 2 hours (between 10:30-12:30)
- ✓ Create connections with homebound seniors
- ✓ Weekly drawing to win gas gift card

For more details, contact Amber Oliver at aoliver@fayss.org or 770-461-0813



JOIN OUR MEALS ON WHEELS TEAM

 www.fayss.org/volunteer-application



The Laugh Track **Comedy Night & Magic Show**

**featuring local Atlanta Comedian
and Magician Ken Scott**

Tickets just \$20

A night of laughter awaits!

**Thursday, February 19
5:30 p.m. to 7:30 p.m.**

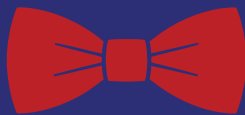
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